



HEALTHY DEVELOPMENT PROGRAM

A program designed to support Kent County families ensure all children are academically, emotionally, and socially ready by age five to succeed in school.

WHAT ARE SOME SERVICES THAT MAY BE INCLUDED?

- Comprehensive screenings with easy-to-understand results & recommendations.
- Individual parent coaching facilitated by social workers specializing in infant and early childhood mental health.
- Incredible Years parenting group sessions providing interactive skill-based support.
- Play-Based trauma therapy for young children and their caregiver.
- Trauma-focused cognitive behavioral therapy, a talk-based trauma therapy for children over the age of three, and their caregiver
- Trauma Informed sessions educational series supporting caregivers of children who have experienced trauma.



This opportunity is made possible by the generosity of the Kent County taxpayers and the voter-approved Ready by Five Early Childhood Mileage.

For more information call:

Call: 616.942.2081

Contact Center: 1.800.75.SEALS

