



THE POWER OF CHOICE 2.0

An effective alcohol and drug prevention program for youth, families, schools, & communities.

Easterseals MORC is proud to bring you “The Power of Choice 2.0”, a continuation of our unique substance misuse prevention program featuring Prime For Life™ evidence-based curriculum.

Did you know...

- 26% of high school seniors report vaping in the past month.
- 90% of adults with substance use disorder began using before age 18.
- More adolescents in the U.S. seek treatment for cannabis use disorder than alcohol and all other drugs combined.

What is The Power of Choice 2.0?

This educational program continues the Prime For Life™ curriculum for individuals who have completed The Power of Choice group. It reinforces key concepts around risks of drugs/alcohol and protecting our values, while helping young people find practical, actionable ways to change their behaviors and lower their risk of problems from substances.

What to Expect:

- “The Power of Choice 2.0” is for anyone who has completed the 6-hour “Power of Choice” program, wants to learn more, and is considering making changes.
- This class is taught in two 2-hour sessions at our Easterseals MORC locations. It can help increase individuals’ motivation to change and provide tools to sustain those changes.
- The Power of Choice 2.0 is taught by trained facilitators and includes local resources for support.



Sign up for a program by scanning the QR code above!

For more information, contact Joan Baert, Certified Prevention Specialist, at: jbaert@eastersealsmorc.org



www.EastersealsMORC.org

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