

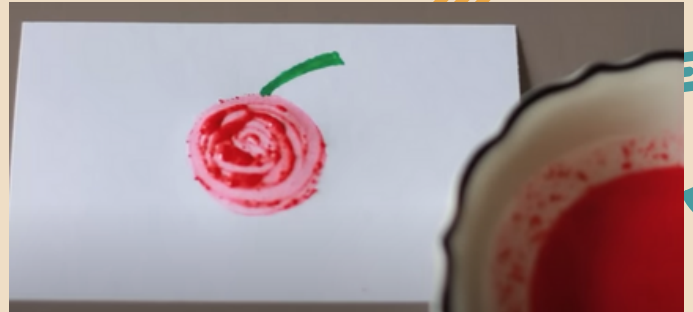
Sensory friendly

GAMES + APPS

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GAMES

- **Scratch and Sniff Paintings -** Grab Jell-O of your choosing, and mix 1 tablespoon of white glue, 1 tablespoon of water, and 1 teaspoon of Jell-O powder in a cup. Be sure to paint on heavy duty paper or cardboard. Once dried you can rub over the painting and reactivate the scent!



- **The Floor Is Lava -** Grab everyone's favorite pillows and spread them out around the floor. The first person to step on the floor instead of a pillow is out!



GAMES

- **Quick Push Game Fidget Toys**
- Push in the bubbles as they light up! As well as being sensory friendly, this game exercises concentration, memory, reaction, hand-eye coordination and hands-on ability. For more information, click [HERE](#).



- **Bluey Sensory Seek N Find** -
A compact sensory bin with characters from the animated TV show Bluey hidden throughout. Use your hands or the tools provided to find them all! For more information click [HERE](#).



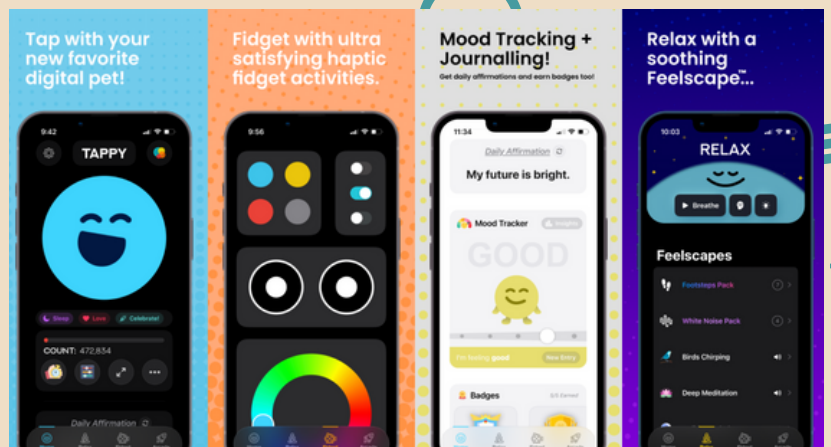
GAMES

- **Sensory Activity Board - Play freestyle or puzzle game mode. Slip the silicone rods in the perfectly fitted board to spell words, make shapes or design your own creation. For more information, click [HERE](#).**



APPS

- **Tappy:** Equipped with a fidget section, white noise, mood tracking and simple arcade games. For more information, click [HERE](#).

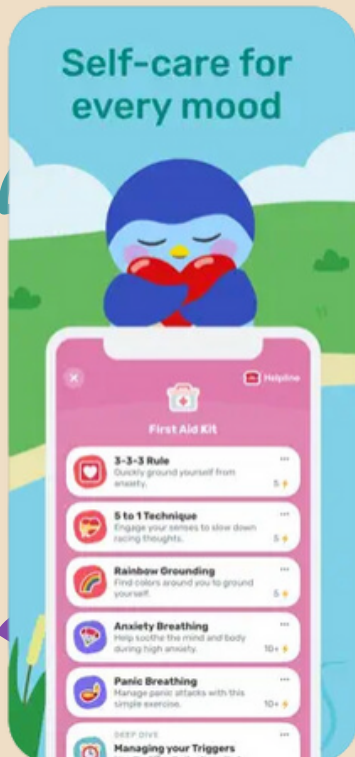
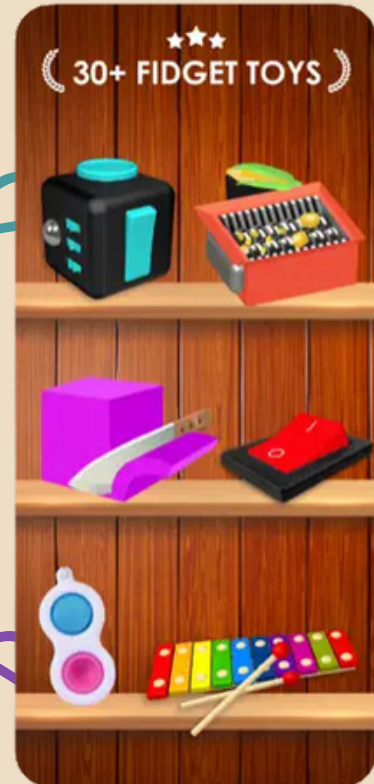


- **Stellarium:** Realistic 3D view of the night sky at any time. For more information, click [HERE](#).



APPS

- **Fidget Toys 3D:** Offers a variety of virtual fidget toys to play with. For more information, click [HERE](#).



- **Finch:** Your new self-care best friend. A virtual pet that can only be taken care of by taking care of yourself. For more information, click [HERE](#).

Resources



<https://www.understood.org/en/articles/sensory-friendly-indoor-games-and-activities>

<https://www.target.com/p/bluey-sensory-seek-n-find/-/A-89141812#lnk=sametab>

https://www.amazon.com/Sensory-Activity-Board-Double-Sided-Silicone/dp/B0DBRHXN7Z/ref=sr_1_16?adgrpid=1345803951265758&dib=eyJ2IjoiMSJ9.NkP3ynWQi-Ep5FXYNiEEbhnlTmw24HZ6EwTEmUt1bF5LhWUnzFiqBacSeMffDLPxl8eXHndgy5ZEQAaczSDhVW11SHKnueze7s80_HOqu63AO79RxAyBglMuMXolpTmE9PiWY8AhZ88UqiKqqVVCDAmse007mUCf11yaQHHsYjUgvllyh13FHGCYojWBKrX9-emVsys8NW1v4G2mtiTSVQsWg6UaY9JtUVU0neELfoymfJm9sTzetQWbQC6BJFKCYW3RrkIJ4MsSfvERuVDW2_5HyaALj53SqJ44ZEentM0.KnVNwEHRNJ8hMfzEqsbSlp_F_YDSVeZdHBWiv10vPQ&dib_tag=se&hvadid=84113029990459&hvbmt=be&hvdev=c&hvlocphy=104572&hvnetw=o&hvqmt=e&hvtargid=kw-d-84113796726300%3Aloc-190&hydadcr=25772_13464159&keywords=sensory+friendly+games&qid=1731946097&sr=8-16

Resources



<https://apps.apple.com/us/app/finch-self-care-pet/id1528595748>

<https://apps.apple.com/us/app/fidget-toys-3d/id1560113405>

<https://apps.apple.com/us/app/stellarium-mobile-star-map/id1458716890>

<https://www.tappyhealth.com/app>

https://www.amazon.com/mochis-Handheld-Sensory-Christmas-Birthday/dp/B0DCGL4GZ7/ref=asc_df_B0DCGL4GZ7?tag=bingshoppinga-20&linkCode=df0&hvadid=79920942578948&hvnetw=o&hvqmt=e&hvbmt=be&hvdev=c&hvlocint=&hvlocphy=&hvtargid=pla-4583520410060926&msclkid=156b0ce4904b1f16bf486bd2c637de6b&th=1

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