

DIVISION	Children & Family Services (CFS)
POSITION	Infant Toddler Mental Health Therapist
JOB LOCATION	Yuma, AZ
STATUS	Full Time + \$1000 Signing Bonus!

Easter Seals Blake Foundation is a non-profit human service agency that has been in existence since 1950. The mission of the Children and Family Services Division is to offer supports and services which promote healthy relationships within families and communities by assisting and encouraging individuals to grow, learn and achieve their goals through inclusive, developmentally appropriate education, timely assessment and intervention, and respectful, reflective partnerships.

#### **JOB SUMMARY:**

Unique opportunity to work in a program that provides Infant Toddler Mental Health therapeutic interventions with children birth to eight and their families. Intensive clinical supervision and training specific to this population is provided on an ongoing basis.

#### Responsibilities:

- Provide Parent-Child Relationship Assessment and Therapy
- Provide play-based therapy for young children.
- Provide individual, couples and family counseling.
- Write evaluations, progress reports and notes.
- Apply early childhood mental health counseling methods and techniques
- Participate on interdisciplinary teams with other professionals and families

Services include providing therapy to families (many of whom are involved with Child Protective Services); as well as providing Infant Toddler Mental Health services to children birth to eight years.

The Easter Seals Blake Foundation is dedicated to staff development and training. This is an exceptional opportunity for the therapist to develop knowledge and skills in assessment and interventions as they pertain to early child development and working with families.

## **ESSENTIAL DUTIES & RESPONSIBILITIES:**

- Utilizing evidence-based practice, determine appropriate therapeutic modality for each client (e.g., Parent-Child Relationship Therapy, Play-Based Therapy, Cognitive Behavioral Therapy, etc.)
- Provide appropriate therapy to clients
- Regularly evaluate the progress of therapy and incorporate changes as indicated
- Fully document all therapeutic interventions
- Administer, score, and interpret appropriate standardized assessment instruments for children
- Utilize additional non-standardized assessment techniques (e.g. interview and observation)
- Produce assessment reports that address bio-psycho-social issues and include an analysis and synthesis of all information gathered during the assessment process as well as recommendations for treatment.
- Utilize DC 0-3R to provide diagnoses or diagnostic impressions for children aged birth to three

- Utilize DSM-IV TR to provide diagnoses or diagnostic impressions for young children
- Produce Progress Reports as required
- Participate as a member of interdisciplinary teams with members of clients' families and other professionals to facilitate meeting the identified goals for clients
- Attend and participate in required staff meetings and trainings
- Provide testimony in court, as required
- Any other duties as assigned by the supervisor
- Any other duties as assigned

#### KNOWLEDGE, SKILLS AND ABILITIES:

- Excellent oral and written communication in English
- Knowledge of Child-Parent Psychotherapy
- Knowledge of Family Systems Theory, Developmental Theory, Ecological Systems Theory, Attachment Theory, Cognitive Behavioral Therapy, Psychodynamic Theory, Social Learning Theory and the impact of trauma when working with children and families
- Knowledge of Adult and Early Childhood Mental Health principles, methods, procedures, and standards
- Knowledge of infant, toddler, and child development
- Knowledge of principles of family-centered services, including utilization of natural supports
- Knowledge of community and state resources
- Sensitivity to cultural diversity and differences, especially those specific to the southwestern United States, particularly in terms of implications for appropriate service delivery
- Ability to utilize appropriate crisis intervention techniques
- Understanding of the impact of substance abuse, domestic violence, and mental illness on families, parenting, and relationships; and the ability to utilize that understanding to influence therapeutic approach
- Ability to communicate effectively with a variety of people from various socio-economic and educational backgrounds
- Ability to assess and provide treatment in a variety of settings, including but not limited to office or home settings
- Ability to complete job responsibilities autonomously without daily oversight
- Ability to work flexible hours including occasional evenings and weekends
- Ability to travel overnight for occasional work-related functions

# **EXPERIENCE/EDUCATION/LICENSE REQUIREMENTS:**

- Master's degree in Social Work, Counseling, or Psychology: eligible for licensure through the Arizona Board of Behavioral Health Examiners
- Experience in providing psychotherapy and working with young children and infants preferred.
- You will learn how to assess, diagnose, build upon your observation skills, and use standardized testing with infants, toddlers, young children and their families experiencing difficulties in their relationship, family dynamics or in overcoming trauma.
- Bilingual preferred, but not required.

## OTHER GENERAL REQUIREMENTS:

- Qualified employees who are interested in applying must first notify their current Supervisor of their intent to apply for another job opening within ESBF for informational purposes
- Qualified employees must have held their current position with ESBF for a least twelve (12) consecutive months and, have a satisfactory performance record and have no disciplinary actions during the last twelve (12) consecutive months
- Must submit a valid Fingerprint Clearance Card on hire OR pass a Criminal History Background Check prior to beginning employment and submit an active Fingerprint Clearance Card after hire.

- Maintain a current valid driver's license, proof of insurance, and a driving record that meets ESBF requirements
- · Bilingual preferred

# **TO APPLY:**

Email resume and cover letter directly to <a href="https://example.com">https://example.com</a>. In the Email Subject Header include the Position and/or location you are applying for.

Easter Seals Blake Foundation is an Equal Opportunity Employer