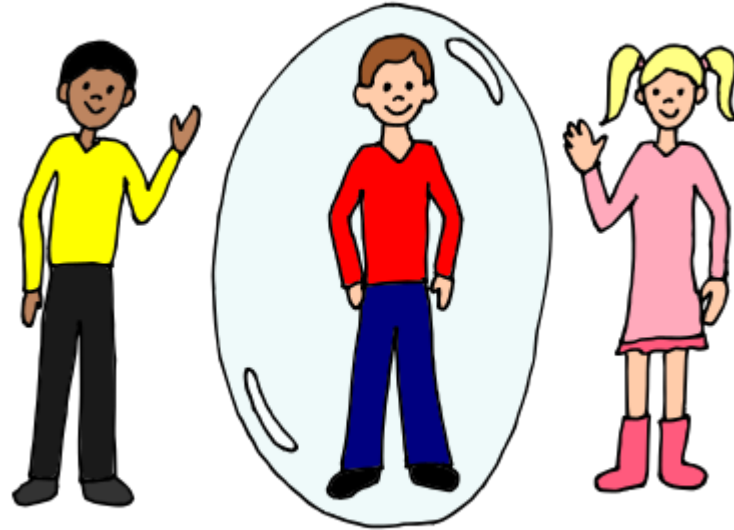




# Personal Space

Lauren Gray, COTA/L

**Personal space means that I respect the boundaries of comfort between two or more people.**



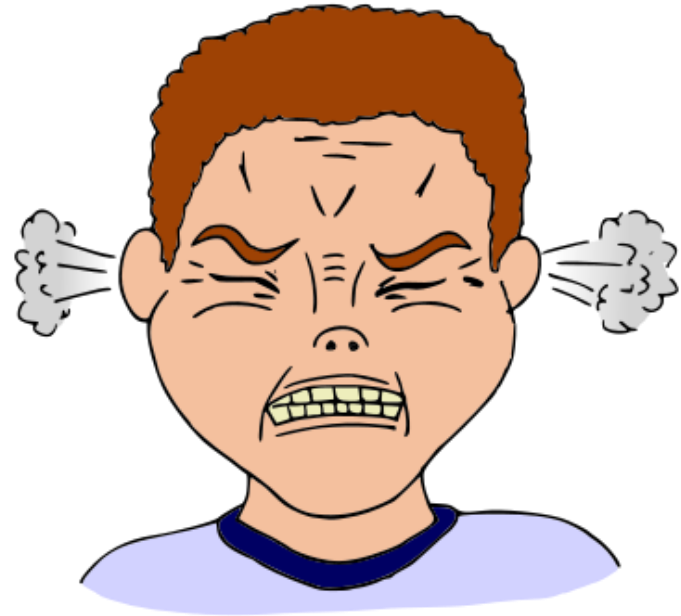
**When I am around other people, I need to stay away from their bodies.**



**When I get too close to someone, it may make them feel uncomfortable.**



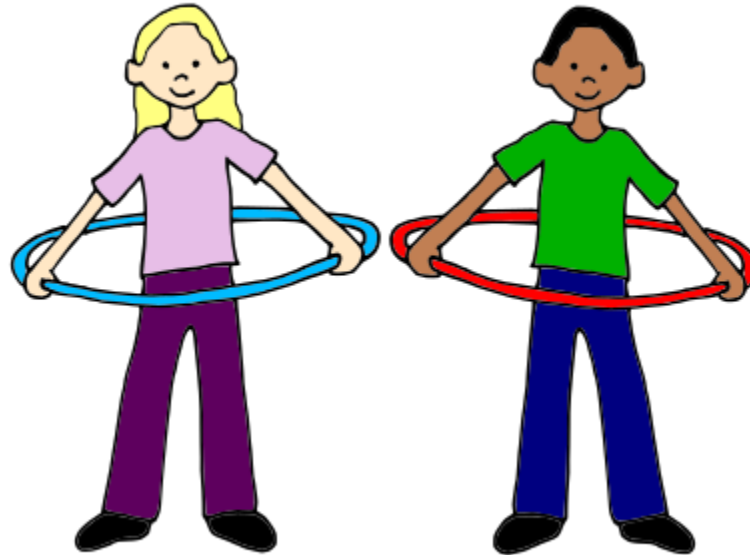
**When they are uncomfortable, they may not want to be around me anymore. That may make me feel sad or angry.**



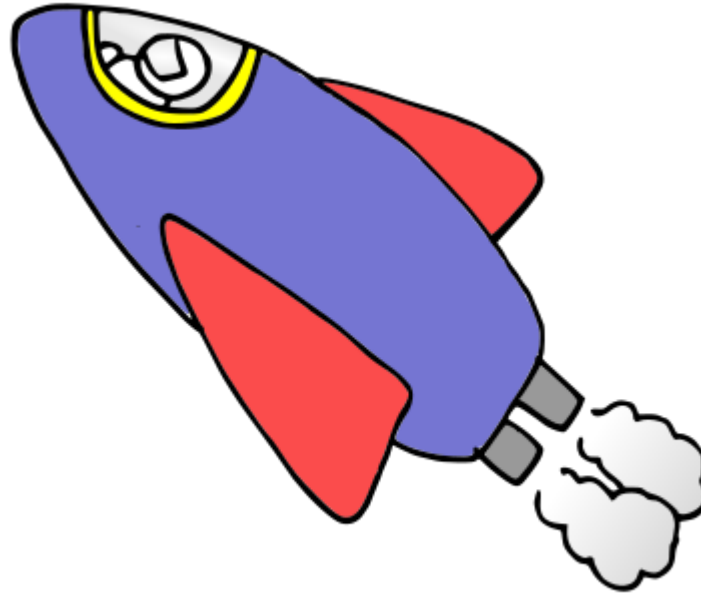
**When I give my friends and family space, then they will want to play with me.**



**I can practice using personal space when I am driving my space bubble. I can even use a hula hoop if I want.**

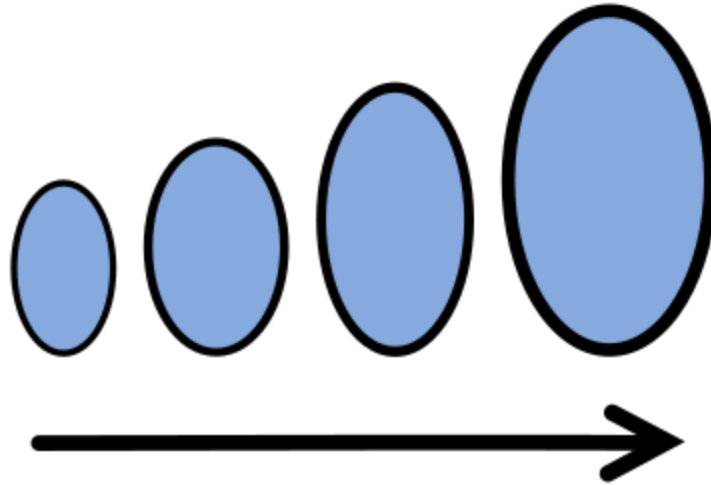


**I can pretend that my space bubble is like a space ship. This bubble helps my friends and I to feel comfortable and safe.**

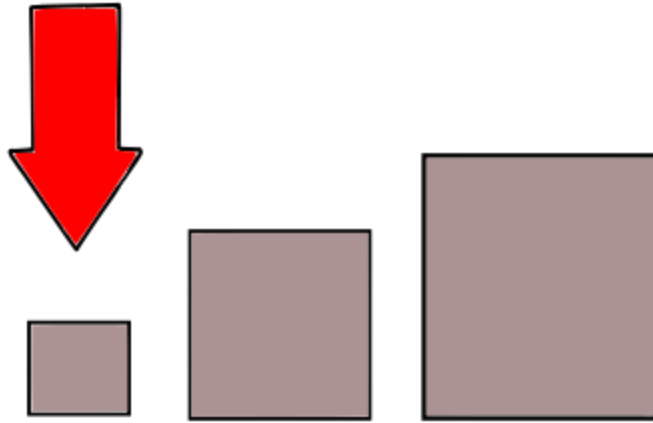




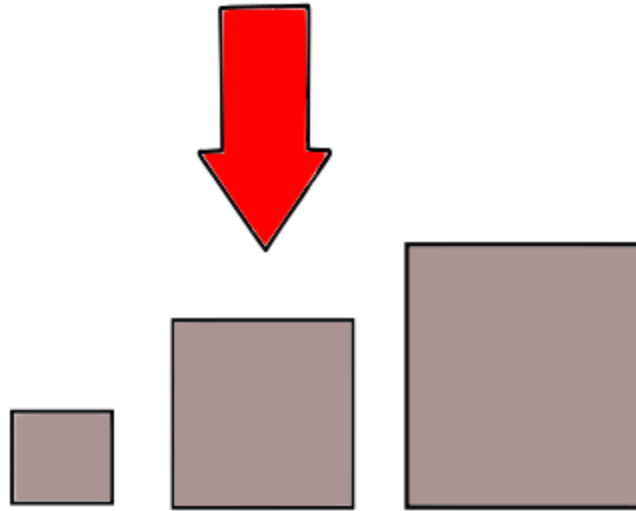
**Sometimes my space bubble changes in size.**



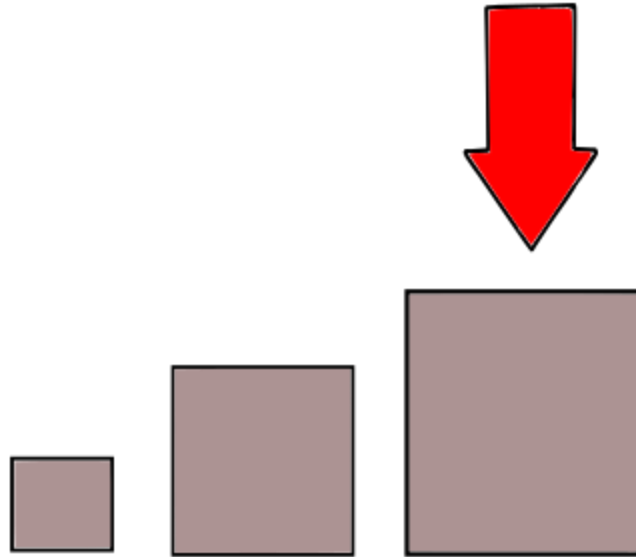
**When I am with family, the space may be small.**



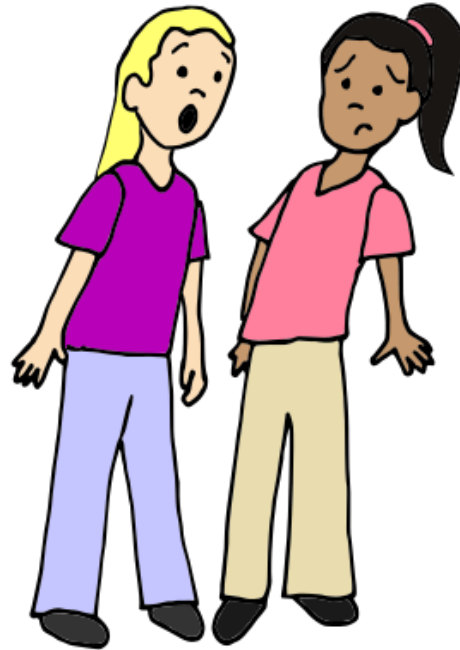
**When I am with friends, I need a medium space.**



**When I am in public or around strangers, I need a large space.**



**If I pop someone else's bubble or they pop mine we would become space invaders. If I need more space between myself and another person I can say, "more space please".**



**When I am moving around, I will be sure to be a good space bubble pilot.**

