# WHAT WE DO

Easterseals Colorado's Explorers Adult
Day Program focuses on GROUP
ACTIVITIES such as: community
exploration, learning experiences,
outdoor recreation, and promoting a
healthy lifestyle. We believe in
SUPPORTING: individual goals, skill
building, independence, health, safety,
socialization, and community inclusion.
Our current programming meets on-site
and then moves out into our local
community for daily activities.



#### FOR MORE INFORMATION

#### **Explorers Adult Day Program**

Jessica La Pointe | 303.596.2819 jlapointe@eastersealscolorado.org

Fax | 720.420.9041 Website | www.eastersealscolorado.org

# OTHER EASTERSEALS COLORADO OPPORTUNITIES

Colorado Respite Coalition

Megan Bettinger | 303.233.1666 x 257

mbettinger@eastersealscolorado.org

Employment Services

Joe Scancarello | 720.254.8356 ext. 437
jscancarello@eastersealscolorado.org

Rocky Mountain Village Camp Sarah MacNaughton | 303.569.2333 smacnaughton@eastersealscolorado.org



Easterseals Colorado is leading the way to creating a Colorado where everyone regardless of age or ability is 100 percent included and 100 percent empowered.

Explore our programs at www.eastersealscolorado.org







#### **LOCATION**

Easterseals Colorado Vestal Center 5755 West Alameda Avenue Lakewood, Colorado 80226

## **SCHEDULE**

Monday to Friday, 9:00 a.m. to 2:00 p.m. *Closed for major holidays* 

### WHO SERVICES ARE FOR

Individuals 18 years of age and older living in the Denver Metro area with a wide range of disabilities and skill levels.

The Explorers Day
Program has received
recognition for
innovative programming
from Easterseals
National!





# **EXAMPLE ACTIVITIES**

- Local Cultural Events
- Music Therapy
- Dance Classes
- State Park Visits
- Tours of Local Facilities
- Health and Nutrition
- Yoga Classes