

## **PEANUT-FREE DIET**

### **Hard Munchables**

Health Valley "Oat bran Graham Crackers"  
Stretch Island Fruit "100% Fruit Snack"  
Sunsweet "California Sun-Dried Apricots"  
Goodmark Foods "Slim Jim"  
Lowrey's "Big Beef Original Beef Jerky"  
Allan "Sour Patch Kids"  
St. Amour "Rocks & Rolls Cookies"  
Wild Oats "Thick Stick Pretzels"  
Earth's Best "Teething Biscuits" (for 6 mo & older)  
Organic Biologique "Biscuits for Teethers"  
Organic Healthy Times 2 "Tretzels for Toddlers"  
Organic Healthy Times 2 "Tretzels for Toddlers" Cheese

### **Meltable Hard Solids**

Robert's American Gourmet "Fruity Booty"  
Robert's American Gourmet "Veggie Booty"  
Glenny's "Soy Veggie Snack" - Organic  
Genisoy "Soy Crisps"  
Bearitos "Cinnamon Churros"  
Wild Oats "Wild Garden Sticks"  
Wild Oats "Wild Onion Rings"  
Wild Oats "Organic Apple Snacks"  
Whole Food Market "Veggie Chips"  
Eden "Sea Vegetable Chips"  
Eden "Brown Rice Chips"  
Good Health "Shoestring Potato Sticks"  
S & W "Pik-Nik Original Shoestring Potatoes"  
Health Valley "Soy Original's Cereal"  
Mother's "Honey Round-ups Cereal"  
Quaker "Cap'n Crunch Cereal"  
US Mills "Cornfetti Cereal"  
Barbara's "Fruity Punch Cereal"  
Planter's "Cheez Mania Cheez Balls"  
Pringles "Original Potato Crisps"  
Pringles "Sour Cream 'N Onion Potato Crisps"  
Pringles "Ranch Flavored Potato Crisps"  
Pringles "Spicy Cajun Potato Crisps"  
Pringles "Pizza-Licious Potato Crisps"  
Pringles "Salt & Vinegar Flavor Potato Crisps"  
Pringles "Cheez Ums Potato Crisps"  
Pringles "BBQ Flavor Potato Crisps"  
Keebler "Original Graham Crackers"  
Keebler "Cinnamon Crisp Graham Crackers"  
Keebler "Townhouse Crackers"  
Keebler "Club Crackers"  
Frito Lay "Chee-tos Puffs"  
Frito Lay "Chee-tos Mystery Colorz X & O's"  
General Mills "Bugles" Original Flavor  
Nabisco "Mini Ritz Cracker" Original  
Deep "Papadi"  
Gerber Graduates "Animal Crackers"  
Gerber graduates "Veggie Crackers"  
Barbara's "Rite Rounds" crackers  
Gerber Graduates "Cereal Snackin' Squares"  
Hain Pure Foods "French Vanilla Grahams"

### **Soft Cubes**

Kuner's "Pinto beans"  
S & W "White Beans"  
Kuner's "Light Red Kidney Beans"  
Van Camp's "Beanee Weenee"  
Sea Point Farms "Organic Edamame" - Soybeans in pods  
Libby's "Chicken Vienna Sausage"  
Oscar Mayer "Braunschweiger"  
Delmonte "Pear Cup" - diced pears in heavy syrup  
Delmonte "Fruit To Go" Mandarin Orange Burst  
Dole "Fruit Bowls" Pineapple Tidbits in juice  
Campbell's "Bean with Bacon" condensed soup

### **Soft Mechanicals (single texture)**

China Bowl Select "Rice Sticks"  
Papadani "Hi-Protein Lentil Bean Pasta"  
Lundberg "Organic Brown Rice pasta"  
Starkist "Chunk Light Tuna" in water  
Underwood "Devised Ham Spread"  
EnerG "White Rice Loaf"  
Braun's "Famous Oven Baked Breads" 100% whole wheat  
Waffle Heaven "Wheat-Free, Gluten-Free Waffles"  
Krusteaz "Mini Pancakes"  
Tyson "Time Trimmers" Southwest Seasoned Chicken strips  
Oscar Mayer "Bologna"  
Louis Rich "Lower Fat Turkey Bologna"  
Hillshire Farm "Deli Select Smoked Chicken Breast"  
Hillshire Farm "Mesquite Smoked Turkey Breast"  
Carl Buddig "Ham with natural Juices"  
Soymage "Vegan Singles" - American flavor  
Gerber Graduates for Toddlers "Fruit Juice Snacks"  
Crystal Farms "Cheezoids" String Cheese  
Crystal Farms "Cheezoids" Marble Jack Cheese  
Crystal Farms "Swiss Pasteurized Cheese Food"  
Kraft "Singles" American Pasteurized Process'd Cheese Food  
Gerber Graduates "Banana Cookies"  
Krusteaz "Cinnamon Swirl French Toast"

### **Soft Mechanicals (mixed texture)**

Fantastic "Five Bean Soup"  
Fantastic "Ready, Set Pasta!"  
Fantastic "Hot Cereal Apple Cinnamon Oatmeal"  
Nile "Lentil Soup"  
Nile "Couscous Lentil Curry Soup"  
Nile Spice "Split Pea Soup"  
Nile Spice "Red Bean & Rice Soup"  
Nile Spice "Black Bean Soup"  
Health Valley "Spicy Black Bean with Couscous Soup"  
Health Valley "Garden Split Pea Soup"  
Franco American "Spaghettios Meatballs A to Z"  
Campbell's "Vegetable beef" condensed soup  
Maruchan "Instant Lunch" Ramen Noodles with Vegetables  
Hormel "scalloped Potatoes Flavored with Ham"  
Campbell's "Chicken & Stars" condensed soup  
Hormel "Kids Kitchen" Mini Beef Ravioli in Tomato Sauce  
Hormel "Noodles & Chicken"  
Kellogg's "Nutri-Grain Bar"  
Gerber Graduates "Apple Cinnamon Fruit & Cereal Bars"

### **Hard Mechanicals**

Hain Pure Foods "Mini Munchies" - mini rice cakes  
Hain pure Foods "organic 100% Popped Corn" - Caramel  
Weight-Wise "Rice Cakes" - plain, unsalted  
Terra "Red Bliss Chips"  
Terra "Spiced Sweet Potato Chips"  
Terra "Potpourri Chips"  
Terra "Taro Chips"  
Terra "Stix"  
Maneschewitz "Potato Chips"  
Boondi  
Nature's Highlights "Rice Sticks" Lite-n-Krispy  
Robert's American Gourmet "Spirulina Spirals"  
Newman's Own Organic "Traditional Thin Pretzels"  
Health Valley "Fat-Free Raisin Bakes"  
Health Valley "Fat-Free Date Almond Granola Bars"  
Bearito's "Tostada Shells"  
Kavli "Crispy Thin" - all natural whole grain crispbread  
Hol-Grain Crackers "Brown Rice with Sesame Seeds"  
Kellogg's "Frosted Flakes Cereal"  
Erewhon "Whole Grain Crispy Brown Rice Cereal"  
Keebler "Original Munch'ems"  
Sunshine "Cheez-it" Baked Snack crackers  
Pepperidge Farm "Goldfish" White cheddar  
Pepperidge Farm "Goldfish" Pizza  
Grissini "Traditional Breadsticks" w/extra virgin olive oil  
Good Sense "Gummi Sour Britecrawlers"  
Jolly Rancher  
Nabisco "Corn Nuts"  
Jennie-O "Breakfast Lover's Turkey Sausage"  
Farmland "Hickory Smoked Bacon"  
Lightlife "Meatless Light Sausages"  
Hormel "turkey Pepperoni"  
Cub Foods "Hard Salami"  
Gardenburger "Hamburger Style"  
Thomas' "New York Style Bagel" - plain  
OreIda "Bagel Bites" Cheese & Pepperoni  
Fito Lay "Rold Gold Classic Style Pretzel Sticks"  
Frito Lay "Chee-tos Crunchy"  
Frito Lay "Doritos" Cooler Ranch  
Snyder's of Hanover "Snaps Pretzels"  
Sunbelt "Fruit Jammers"  
Brach's "Hi-C Fruit Snacks"  
Kellogg's "Pop Tarts"  
□

### **Purees**

Dannon "Natural Flavors" Yogurt  
Dannon "Danimals" Yogurt  
Dannon "Blended" Yogurt  
Dannon "Fruit on the Bottom" Yogurt  
Yoplait "Original 99% Fat Free" Yogurt  
Swiss Miss " pudding"  
Hunts "snack Pack Pudding Pies"  
T. Marzetti's "Old Fashioned Caramel Apple Dip"  
Imagine "Banana Pudding"  
Imagine "Chocolate Pudding"  
Mrs. Butterworth's "Original Syrup"  
Smucker's "Red Raspberry Syrup"  
Tofutti "Nondairy Original Premium Frozen Dessert"  
Kettle "Sunflower Butter"  
Kettle "Almond Butter"  
Mott's "Fruitsations" - cherry applesauce  
Musselman's "Fruit 'N sauce" - lemon lime kiwi  
Whole Soy "Creamy Cultured Soy Yogurt" red raspberry/plain  
Cedar's "Roasted Garlic & Chive Hummus"  
Nestle "Nesquik Chocolate Syrup"  
Parkay "Squeeze Margarine"  
Hunt's "Ketchup"  
Kraft "Hickory Smoke BBQ Sauce"  
Contadina "Pizza Squeeze pizza Sauce"  
Brianna's Special request "Lemon Tarragon Salad Dressing"  
Zendon "Banana Soy Pudding"  
Jet Puffed "Marshmallow Creme"

### **Liquids**

Safeway "White Grape Juice" from Concentrate  
American Soy Products, Inc. "Vruit" - Tropical Blend  
American Soy Products, Inc. "Vruit" - Orange Veggie Blend  
American Soy Products, Inc. "Vruit" - Berry Veggie Blend  
Nature's Plus "Spirutein" □