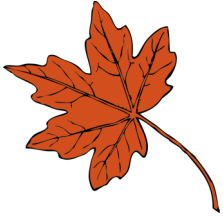


JUMP START NEWS

Volume 9 Issue 11

November 2016



Christine Says...

The leaves are almost gone from the trees. The morning weather starts out cold, warming up slightly as the day marches on. Football is the main sport of the month. Can you guess which Home Visitor is our #1 Bears fan? November is a fantastic month to snuggle up with the kids and read a book. Especially since November 1st is National Family Literacy Day. National Family Literacy Day, celebrated across the U.S., focuses on special activities and events that showcase the importance of family literacy programs. First held in 1994, the annual event is officially celebrated on November 1st, but many events are held throughout the month of November.

Health and Safety

Check Alarm Batteries

Everyone should have smoke alarms and carbon monoxide detectors in their homes. Take a few minutes to ensure your alarms will sound in an emergency.

- Install a battery-operated carbon monoxide detector near bedrooms.
- Check or change the batteries in your carbon monoxide detectors at least twice a year.
- Install smoke alarms on every floor of your home.
- Test smoke alarms monthly to ensure they work properly. For smoke alarms that use regular alkaline batteries, replace the batteries at least once a year. For smoke alarms that use lithium (long-life) batteries, replace the entire alarm unit every 10 years or sooner if it chirps or stops working.
- Make a disaster plan. Know where to meet other family members in case of an emergency, such as a fire.



Food Fun

Easiest-Ever Pumpkin Pie!

Prep time: 5 minutes

Total time: 3 hours, 10 minutes

Servings: 8

Ingredients:

- 3/4 cup sugar
- 1 & 1/2 teaspoons pumpkin pie spice
- 1/2 teaspoon salt
- 1 can (15 oz) pumpkin (not pumpkin pie mix)
- 1 & 1/4 cups evaporated milk or half and half
- 2 eggs, beaten
- Pillsbury™ Pet-Ritz® frozen deep-dish pie crust



Directions:

1. Heat oven to 425°F. In large bowl, mix filling ingredients. Pour into pie crust.
2. Bake 15 minutes. Reduce oven temperature to 350°F; bake 40 to 50 minutes longer or until knife inserted near center comes out clean. Cool 2 hours. Serve or refrigerate until serving time. Store in refrigerator.



Children's Books to Read in November

- Leaf Man- by Lois Ehlert
- Peepers- by Eve Bunting
- Leaf Jumper- by Carole Gerber
- In November- by Cynthia Rylant
- Too many Pumpkins- by Linda White
- In Every Tiny Grain of Sand- by Reeve Lindbergh
- The Thankful Book- by Todd Parr
- Gobble Gobble- by Cathryn Falwell
- Gracias the Thanksgiving- by Joy Cowley
- Tumbling Leaves- by Gill Davies
- Weather- by Jill McDonald
- You Are My Work of Art- by Sue DiCicco

“The more you read, the more you know. That more you know, the farther you go!”

Veteran's Day History

Veteran's Day seeks to honor and give thanks to all the men and women who have served and are serving in the US Armed Forces. Ceremonies are held across the country at Veteran's Hospitals, cemeteries, and National Monuments. At 11:00 a.m. EST, the Veterans Day National Ceremony is held at Arlington National Cemetery. At this ceremony the President of the United States, or his assigned ambassador, places a wreath on the Tomb of the Unknown Soldier. Veteran's Day is observed on November 11th each year.

Veterans' Day Facts & Quotes

- In 1954, President Dwight D. Eisenhower issued a proclamation urging the nation to support the Veteran's Day effort in any way possible.
- During World War II, over 16 million men and women served in the military. The war resulted in over 400,000 deaths.
- The War of Global Terrorism, encompassing October 7, 2001 to May 29, 2012, has seen 54,820 casualties of which 6,456 resulted in death.
- This nation will remain the land of the free only so long as it is the home of the brave. - Elmer Davis

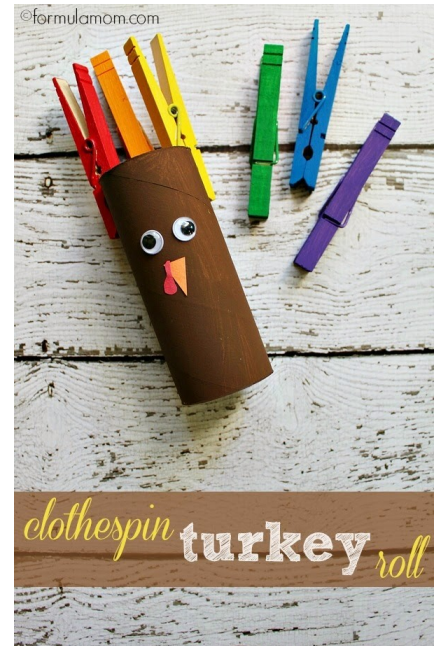
Creative Corner

Materials needed:

- Markers or paint
- Empty toilet paper roll
- Eyes to glue on the turkey (you can make your own eyes)
- Orange and red paper to make the gobble and beak

Directions:

- Have your toddler color or paint the empty toilet paper roll brown.
- Have your toddler paint or color each clothes pin a different color with your help
- Allow time for the items to dry
- Once everything is dry glue the eyes and gobble on the turkey.



This clothespin turkey is good for children to learn colors while working their fine motor skills.

Have fun with your turkey

1. Identify a color and have your toddler take it off the turkey
2. Identify a color and have your toddler put it on the turkey
3. Use the colored clothespins to help your child learn to count

Thanksgiving Facts

- No forks were used at the first Thanksgiving--only knives and spoons. Forks weren't introduced to Pilgrims until 10 years later.
- Thanksgiving is the reason for TV Dinners! In 1953 Swanson had so much extra turkey they decided to cut it up and serve it in a tray with other sides like sweet potatoes and there the TV Dinner was born.
- Black Friday is the busiest day for plumbers!
- Wild turkeys can run 20 mph when scared.
- Americans eat 46 million turkeys each Thanksgiving.
- According to Guinness Book of World Records the heaviest turkey on record weighed 86 pounds!



Give Thanks

1. **Family and Friends** – We may not all have the best relationships with our families, but we still need to be glad we have them – even if just for a sense of belonging. That sentiment applies to not only the family we were born into, but the one we create through the friends we choose. So many people have no one at all that relates to their lineage, or their lives.
2. **Our Enemies and Those Who Challenge Us** – Those who seem to be against us teach us about ourselves: who we are, and almost more importantly, who we want to be. Having enemies can teach you about the virtue in being patient, courageous and understanding. The next time someone throws a stone at you, say ‘hi hater’. It only means that you are truly living life.
3. **Mind and Body** – With the stress of everyday life, you may often feel like you are losing your mind (especially this time of year). But truly, without your mind you would have nothing. And without a functioning body, life would be so much more difficult, possibly with severely limited options. Love and appreciate your body, no matter its size or shape. Fuel your mind and body with proper nutrition, rest and exercise. Care for them accordingly and use them to the best of your ability.
4. **Loving and Learning** – The ability to love is what makes us grow. True, it can lead us to heartache, but I believe it is worth it to have experienced it at all. Love can teach us deep lessons about ourselves and about others. And learning is essential to a happy and fulfilled life. Teach yourself as much as you can: the more you open your mind to learn, the greater an experience life will become.
5. **Health and Wellbeing** – If you are in good health, this is truly something to be thankful for every single day. Countless people are ill or suffering. Your health is an immeasurable gift and it’s one I deeply believe should not be taken for granted. Things can change quickly and unexpectedly. So be active and adventurous, and take advantage of being able to do so.
6. **Mistakes** – I believe that mistakes are simply lessons learned and opportunities to improve ourselves. Without our mistakes we would have no failures by which to measure our future success against. So be thankful for all of your shortcomings and what they have taught you in the end.
7. **Disappointment** – Appreciate the things that have disappointed you in the past. These are the lessons that will teach you how to identify what matters most in the future. Disappointment and let down also help us to enjoy success that much more.
8. **Choices** – Having choices is a remarkable privilege. In life, you have the choice to stay or go, to decide who to allow into your life, how you want to live, and what you want to do. Our possibilities are endless and our life is only limited by the choices we make.
9. **Challenges** – A good challenge is like a healthy workout. It makes you strong, teaches you about yourself, and forces you to push your limits. Challenges cause us to grow, so we should be thankful for that growth and forward movement.
10. **Last But Not Least: Laughter** – Laugh loud and often. Even if the only thing that brings a tickle to your lips on any given day is your favorite ratchet reality show, laugh unabashedly. It truly is the best medicine. Be thankful you have reasons to laugh, people to laugh with, and the ability to do it at all.

FAIRY TALE BALL

November 11th 6:30-8pm FREE

Galowich Family YMCA 749 Houbolt Rd, Joliet

Boys and Girls ages 2-14, join us for a night to remember! Prince Charming and his Disney Princesses will be dancing the night away during this magical event. Make a grand entrance dressed as your favorite prince or princess and enjoy an evening of fun. Invitations to the ball will be mailed to all pre-registered participants. Snacks and drinks will be provided. Pre-registrations is required by Monday, November 9th. You may register by phone by calling (815) SAY-YMCA, online by visiting www.jolietymca.org, or in person.

Plainfield's How-To Fair

November 12th 9:00 a.m. to 4:00 p.m.

Have you ever wanted to expand your world and learn something new? Well, that's exactly what the How-To Fair is all about. Taught by local experts and business owners, a wide range of learning opportunities are offered. Remember you can chose among 30 different workshops, so join us for 1, 5, or 7 sessions; whatever your interest and schedule allows. PLEASE REGISTER FOR ALL WORKSHOPS at howtofairplainfield.com

PARENTS' NIGHT OUT

November 4th 6-9pm \$10/\$18

Galowich Family YMCA 749 Houbolt Rd, Joliet

Attention all parents! If you're in need of a little time to yourselves, sign the kids up for Parents Night Out (PNO) at the Galowich Family YMCA! During PNO, kids between the ages of 2 and 12 get to spend select Friday nights at the Y, eating a healthy dinner with friends, playing games and swimming in our pool. (Not necessarily in that order). Pre-registration is required and all participants must be potty trained. For more information, please contact (815) 782-0808.

Christmas in the Square

FREE

November 26th 1:30-4:30pm

Central Square 222 E. Ninth St, Lockport

Mommy and Me Yoga

November 14th 4:00 PM - 4:45 PM Cost: \$8R / \$11NR

Shorewood Village Hall -- Board Room, One Towne Center Blvd, Shorewood

This class is designed for parents and guardians to practice yoga with their little ones! This class provides the opportunity to regain strength and tone muscle while bonding with your child. You and your child will explore movement, breathing and massage together, strengthening your bond and providing everyone with a healthy release of endorphins. For more information, call 815-741-7710.

Mini Monets

November 17 4:00 PM

Shorewood Library, 650 Deerwood Drive, Shorewood

Love glue, glitter and crayons? The Mini Monets are for you!

Ages 2 1/2 to 6 years

Antique Show and Vintage Holiday Sale

November 5th 8am-1pm

Barber & Oberwortmann Horticultural Center

227 N. GOUGAR RD, Joliet, IL

Happiness and Puppies = A Snoopy Celebration

November 5th - 10:30am to 1:00pm

Louis Joliet Mall 3340 Mall Loop Dr, Joliet

What is black and white and fun all over? It's SNOOPY! Wear a pair of Snoopy' ears, playing pin Snoopy on his house and enjoy Snoopy crafts. Join Plainfield Park District at Louis Joliet Mall as we celebrate with Snoopy and friends.

MEET SANTA AND SNACK

November 25th

All ages welcome, free to attend, no registration required. Join us at the library before heading to the Christmas Parade to sit on Santa's lap, do crafts, and enjoy some festive treats! Santa visits will occur at 10am, 12 noon, and 2pm

Light Up the Holidays Parade and Festival

November 25th 10am-7pm

116 N Chicago St, Joliet

Activities begin downtown as early as 10:00 a.m., and include the Fantastic Fun Fair in the Joliet Area Historical Museum's auditorium, as well as activities in the Joliet Public Library, Gji's Sweet Shoppe, Jitters Coffeehouse, Chicken-n-Spice, Juliet's, Tin Roof and more. The Rialto Square Theatre's annual holiday festivities also adds to the holiday spirit, Downtown Joliet!

Tree Lighting begins at 5:15 p.m. in Van Buren Plaza followed by the Light Up The Holidays Parade at 5:30 p.m.

Read With Paws

November 26th 10:30-11:30

Yorkville Library

Kids come to the library, pick a book and read to a furry friend. All therapy dogs and handlers have been certified by an accredited organization. Registration required. This program will now be on the 4th Saturday of every month.

Fall Frenzy Flea Market For Kids

November 6th 1pm to 3pm

Ages 3-12, Free Admission, \$5 for table space

It's time to earn cash and free up some extra room just in time for the holiday season. This is the perfect opportunity for children 12 and under to sell toys, clothes, sporting goods, books, electronics. Younger children may need adult help with their sales, but we expect the kids to do the work. Preschoolers must have a parent with them. Each space will include one 8 ft. table. You may bring an extra one if needed. Don't think you have enough for a full table? Grab a friend and share one! Set-up time is from 11:30am-12:45pm. This event takes place at the Multi-Purpose Center Gym 3000 W. Jefferson St, Joliet

Littlest Elves Workshop

Fri., Nov. 25 and Sat., Nov. 26 9:00am-2:00pm

Pilcher Park Nature Center, 2501 Highland Park Dr.

Can you imagine a better gift than your munchkin's handprints on a platter? Pick an unfinished ceramic item (Christmas items will be available), paint it, and we'll fire it for you in time for the holidays. Drop in for music and painting fun! FREE plus cost of ceramic item(s) Last ceramic items will be sold at 1:30 pm each day

Community Thanksgiving Dinner

November 20 2016 1-4pm

Diamond Banquet Hall - 55South Daly St, Diamond

The Wilmington Lions Club is spearheading a community effort to provide a Thanksgiving dinner for all individuals and families who are struggling financially.

The menu will be: Roasted Turkey, AnCranberry Sauce, Cornbread Stuffing, Sweet Potatoes, Mashed Potatoes and Gravy, Seasoned Green Beans, Pumpkin Pie, Rolls, Butter, Coffee, Ice Tea and Water.

Home delivery requests deadline is November 14. If you know of someone who could make use of this service, please ask them to call Lion John Persic, at 815-210-5155. We are in need of a business, organization, or group of volunteers willing to lead the home delivery process as well as volunteers willing to help deliver on Sunday, November 20. Volunteers willing to help deliver should call John at 815-210-5155.

Annual Lighted Holiday Float Parade

November 25th 5:30pm

This parade begins at the corner of Franklin and Washington Streets (Morris) and concludes at Chapin Park with the annual lighting

The conclusion of this parade is where the fun will continue with the lighting of the park, wagon rides, visits with Santa and more.

Holiday Craft Show and Flea Market

November 19th 9-1

500 S Kankakee St, Godley

Free admission and Free parking

Winter Wonderfall Festival

November 14 11-4

901 Mill St, Yorkville

Kick off the holiday season with this fun, family event at the Circle Center Grade School's 4th Annual Winter Wonderland Festival at the Circle Center Grade School from 11:00am-3:00pm. The school will be bursting with holiday cheer as they have carnival games, bake sale, shopping circles, concessions, and of course Santa Claus (11am-4pm)!

Most activities and purchases (excluding the shopping circles) require tickets. Pre-sale tickets can be purchased for the Winter Wonderland Festival by going to www.yorkvilleparksandrecreation.com.

Yorkville Holiday Celebration

November 19th 5:30-8pm

131 E Hydraulic Ave, Yorkville

Join the United City of Yorkville at the Holiday Celebration Downtown Events at Riverfront Park for a Holiday Parade starting at 5:30pm. A Tree Lighting Ceremony will follow the parade and end with everyone's favorite, the fireworks show!

Panera Storytime

November 2nd and 16th 2:30-3

We are back at Panera! Join us as Miss Jennette and Miss Marianne read stories at the Yorkville Panera. Children will receive a free cookie and milk. Registration required.

LIBRARY PLAYGROUPS

Joliet Public Library-Main

Toddler Time (18m-3yrs) every Thurs at 9:45am

Curious Little Monkeys Playgroup (birth-36m) every Thurs 10:15am

Joliet Public Library-Black Road

Toddler Time (18m-3 yrs) every Mon 9:45 10:45, and 11:45

Lapsit (birth-24m) every Tues, Wed, Thurs 9:15, 10:15 and 11:15am

Family Storytime (birth-6yrs) Tues 6:30pm and Saturdays 10:15am

Shorewood Library

Tiny Tots Time (birth to 30m) Every Mon at 10am and Tues at 9:30am

Early Morning Explorers (2 1/2-6yr) every Tues at 11am Registration is required.

Afternoon Adventurers (2 1/2-6yr) every Fri 1:30pm

White Oak Library, Romeoville

Bilingual Storytime (all ages) Mondays 6:30-7:15pm Registration required

Family Storytime (7rs and younger) Registration required. Tuesdays 6:30-7:15pm

Minooka Library

Babygarten (0-24m) Registration required. 2nd, 3rd, and 4th Mondays 10:30-11:15am

Toddler Time (2-3yrs) 2nd, 3rd, 4th Thursdays 10:30-11:15am

Curious Monkeys (all ages) Registration required. 2nd, 3rd, 4th Wednesdays 10:30-11:15am

Talking Hands (6-23 mons) Registration required. 2nd, 3rd, 4th Fridays 10:30-11:15am

Morris Area Public Library

Lapsit/Storytime Every Tues and Wed 9:30 and 10:30 and Thursday 6:30pm

Plano Community Library District

Rhyme Time (babies-3yrs) Wednesdays 10:30am, 11:15am or 6pm Registration required

LIBRARY PLAYGROUPS

White Oak-Crest Hill Branch

Toddler Time (3-35mons) Registration required. Wednesdays 10:30am

White Oak- Lockport Branch

Toddler Time (3 mons-3 yrs) Registration required. Tuesdays 10:30am

Thursday Morning Toddler Time (3 mons-3 yrs) Registration required. Thursdays 10:30am

Thursday Evening Toddler Time (3 mons-3 yrs) Registration required. Thursdays 6pm

Tiny Tots in Motion (3 mons-18 mons) Registration required. Fridays 10:30am

Channahon Library

Read! Build! Play! (2-5yrs) Registration required. Wednesdays 6pm

Bookies and Milk (all ages) 2nd, 3rd, 4th Thursdays 7pm

Coal City Public Library District

Terrific Tots (2-3) Every Mon at 10am and Thursday 6pm

Family Lapsit (3m-23m) Every Mon 6pm and every Wed 10am

Wilmington Public Library

Story time for Littles (birth-5yrs) Wednesdays 10:30am

Manhattan-Elwood Public Library District

Baby Time (newborn-18 mons) Tuesdays 10:30-11am

Tot Time (18 mons-3yrs) Wednesdays 10-10:30 and 10:30-11am

