

# easterseals

## Easter Seals

### Rehabilitation Center

# ECI Monthly

## news & updates

September|2024

September 2024						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Play with a flashlight. Ask your child how you can see.	2 Play a bounce game. Say "Up!" then start again.	3 Practice body parts. Put sunscreen on your child's arms & legs.	4 Go for a walk and talk about the animals you see.	5 Play with books together. Knock them "down".	6 Read a new book today.
	8 Can your child give a high five?	9 Hug your body bear today. Follow the direction "Give a hug".	10 Let your child explore the wax and leaves (see resources) on your sock.	11 Narrate what you are doing during day routine, "putting on your sock".	12 Talk to your child as you're making lunch. "This is making the jelly".	13 Show your child how to put their shoes on or wash for what they want!
	15 Have your child tell you what you are making. They learn by making dinner washing.	16 Let your child smell different foods. Ask them to make dinner washing.	17 Sing Ring Around the Rosie. Do the actions.	18 Help your child and dance to music together.	19 Be silly today. Talk like a pirate today. Make your child laugh.	20 Splash in the tub. Say "Stop" when your child stops.
	22 Play with white. Do you have items that are white?	23 Look for "sevens" today!	24 Read Corduroy and look for buttons on your clothes.	25 Play in a sandbox.	26 Cut an apple open and let your child smell or lick it.	27 Read a bedtime story and use silly voices.
	29 Sing the Walking Song "Stop" "Stop" "Stop" "Stop"	30 Make mud pies outside. Get dirty.				

Early Communicator Calendar

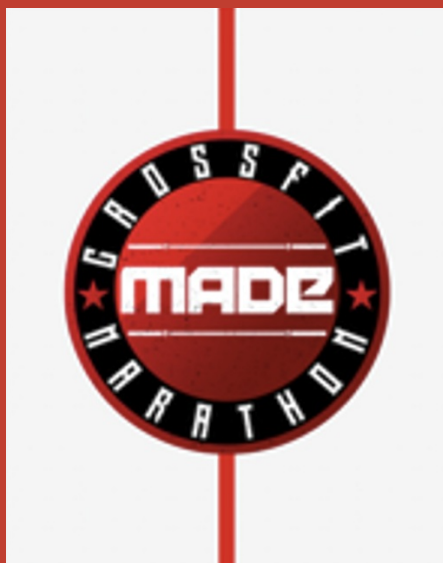
September 2024						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Play with a flashlight and talk about what you see.	2 Practice "Stop". Role a bike or a scooter. Wear your helmet.	3 Practice body parts. Put sunscreen on your arms & legs.	4 Go for a walk and talk about the animals you see.	5 Play with books together. Knock them "down".	6 Read a new book today.
	8 Ask your child to put their shoes away. Give a high five.	9 Hug your body bear today. Follow the direction "Give a hug".	10 Have an apple taste test. Which kind do you like best?	11 Can your child put on their socks? Say "socks".	12 Make a peanut butter and jelly sandwich. Ask what comes next!	13 Let your child choose what's for dinner. Give 2 choices.
	15 Practice sweeping leaves off the sidewalk.	16 Play with play dough. Can you make an apple?	17 Sing Ring Around the Rosie. Say "Down".	18 Mix food coloring with vanilla yogurt to make finger paint.	19 Are you ready? Talk like a pirate today.	20 "Spin in the tub. Say "Stop" when your child stops?"
	22 Play with vehicles. Tell them to "Stop".	23 Help make leaves.	24 Read Corduroy and look for buttons on your clothes.	25 Make a sandwich at the park. Ask a friend to play too.	26 Cut an apple open and talk about the seeds.	27 Follow directions to make chocolate milk.
	29 Sing the Walking Song "Stop" "Stop" "Stop" "Stop"	30 Make mud pies outside. Get dirty.				

First Words Calendar

September 2024						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Play "I spy" in the park and find things with a flashlight.	2 Practice "Stop". Role a bike or a scooter. Wear your helmet.	3 Practice body parts. Put sunscreen on your arms & legs.	4 Go for a walk and talk about the animals you see.	5 Play with books together. Knock them "down".	6 Read a new book today.
	8 Ask your child to put their shoes away. Give a high five.	9 Hug your body bear today. Name parts of the bear.	10 Have an apple taste test. Which kind do you like best?	11 Teach your child how to put on their socks and shoes.	12 Have your child tell you how to make a sandwich from a book.	13 Can your child answer the question? "What do you want for dinner?"
	15 Practice sweeping leaves off the sidewalk.	16 Play with play dough. What can you make? Roll the dough.	17 Sing Ring Around the Rosie. Do the actions.	18 Mix food coloring with vanilla yogurt to make finger paint.	19 Are you ready? Talk like a pirate today.	20 "Wash" the plants. Let your child take the lead.
	22 Play with vehicles. Can they follow directions to go to two places?	23 Help make leaves. Can you find two alike?	24 Read Corduroy and look for buttons on your clothes.	25 Make a sandwich at the park. Ask a friend to play too.	26 Cut an apple open and talk about all the parts.	27 Follow directions to make chocolate milk.
	29 Sing the Walking Song "Stop" "Stop" "Stop" "Stop"	30 Make mud pies outside. Get dirty.				

Expanding Language Calendar

## CrossFit Marathon Made Donates Backpacks and School Supplies to ECI Siblings



Crystal and Ralph Monterosa, owners of CrossFit Marathon Made, are invested in fitness and their community. In August, they hosted an in-house competition at their gym. Instead of charging a registration fee, which is standard practice, they asked for a backpack filled with school supplies from each person who wanted to enter the competition. They decided they wanted these backpacks to go to our ECI families who had older school-age children who would benefit from starting the school year with a new backpack and supplies.

CrossFit Marathon Made donated 60 filled backpacks and helped

numerous ECI families. This isn't the first time they've generously given to our program. They were big donors to our raffles in March as well. Crystal says they plan to continue to be involved with Easter Seals, "Anything we can do to help y'all out and the community."

Check out [CrossFit Marathon Made](#).



Mom and sister, Rubisa Bamjan, help Rupsa go through all her new things.



Above: Sibling, Rupsa Bamjan, tries out her new supplies.



Ava Guidry's siblings, Emma and Lily, grateful for their backpacks and supplies.

Below:  
CrossFit Marathon Made staff and competitors with their 60 donated backpacks full of supplies.



## Spotlight Story - Roland Trevino Birriel

A poem by Maria Birriel

Can't wait 'til I can say your name,  
"Papa" is what you'll hear.  
Mama tells me every day  
We'll hear it my first year.

All day long when you're not home,  
I miss you when you're gone.  
I think of all the things we'll do  
Like sing our favorite song.

You give me hugs then lift me up  
And fly me through the air.  
You hold me tight, make sure I'm safe  
I love the time we share.

Right now I'm small, it's hard to see,  
Even my hands will look like yours.  
Mama says that's the part  
Of you she most adores.

Then some day I'll be big enough  
To fit into your shoes,  
That's when you're going to realize  
That time is what we lose.

I want to be just like you,  
The you I know the best.  
That's why being the greatest you  
Is your lifelong test.

So when you finish reading this,  
Please try hard not to cry.  
Every word I wrote comes from my heart.

Love,

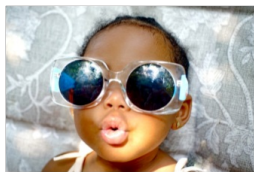
Your Little Guy



*Dito*  
TREVINO BIRRIEL



We Are Looking For Spotlight Stories for Upcoming Newsletters



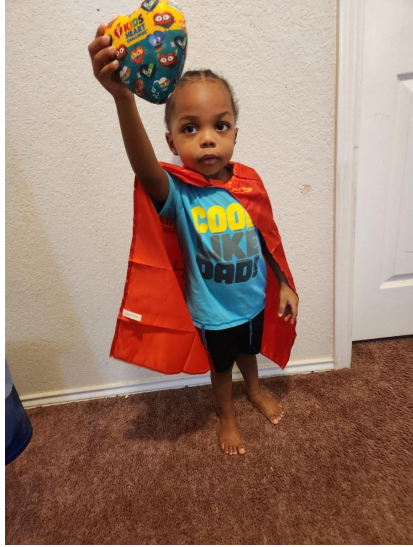
Is Your Child The  
*next*  
**E C I**  
*SuperStar?*

We'd love to share your child's  
ECI journey!  
If you'd like to be featured in the  
**"ECI Spotlight Story"**  
segment, click below.

I'm a SuperStar!

## Kudos

"Wonderful organization. I cannot say enough about having our child receive therapy services with this



group of women. I was so happy to learn that they offered in-home services. They were always professional, courteous, and a pleasure to have around. They offered many effective methods for our autistic child. The methods they present are easy to understand, implement, and truly work. This was such a relief after feeling so hopeless and helpless. They gave us our child back, with even more vocabulary than before. We truly appreciate Mrs. James, Mrs. Terri, and Mrs. Natalie. My only regret is that their services end at 3 years old. They are truly amazing. All autistic children deserve to have caring compassionate professionals like them." -Alvita Alexander

## Reminders

**Easter Seals Rehabilitation Center will be closed in observance of Labor Day on Monday, September 2, 2024.**



## PARENT CAFÉ

Parent Café is a welcoming space for small group conversations and connections. Meaningful interactive discussions about healing and growth within families are the core of the café. Parents share experiences and strategies to help families become stronger and more resilient.

The Parent Cafés are run by University Health.  
Find more information [here](#).

# GET ORGANIZED WITH OUR FREE ONLINE RESOURCE

This easy-to-use digital resource allows you to create (or update) your will and other important estate planning documents. It's safe, secure, and free for life! **Simply scan our QR code or visit [givingdocs.com/easterseals](https://givingdocs.com/easterseals) to take a closer look.**



When you choose to support Easterseals in your will or living trust, you make a lasting difference for people with disabilities, their families, and communities. If you have questions about the impact of your legacy can make, please reach out to us.

[Learn More About Planned Giving](#)

## September Awareness Observations



### Month-Long

- Alopecia
- Arnold-Chiari Malformation
- Baby Safety Month
- Childhood Cancer
- Childhood Obesity Awareness Month -
- Deaf (International)
- Emergency Care Month
- Lymphoma
- National Guide Dog Month
- Hydrocephalus
- Spinal Cord Injury
- Superficial Siderosis Awareness Month
- Thyroid Cancer
- Tumor

### Days

- September 4 - World Cerebral Palsy Day
- September 8 - National Pediatric Hematology/Oncology Nurses Day
- September 9 - 9p Minus Awareness Day (9/9)
- September 9 - International Fetal Alcohol Spectrum Disorder (FASD)
- September 13 - Celiac Disease
- September 15 - World Lymphoma - Hodgkin's Lymphoma
- September 17 - Still's Disease Awareness Day (globally) (International Foundation for Autoimmune & Autoinflammatory Arthritis)

(AiArthritis)

- September 19 - Aortic Dissection
- September 22 - World Chronic Myeloid Leukemia (CML) Day
- September 23 - International Day of Sign Languages
- September 25 - International Ataxia
- September 29 - World Heart Day



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**TEXAS**  
Health and Human  
Services

*Early Childhood Intervention*

Easter Seals Rehabilitation Center  
is a contracted provider of  
Texas Early Childhood Intervention  
Services and partially funded by  
Texas Health and Human Services.

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