








easterseals

Easter Seals






Rehabilitation Center

ECI Monthly news & updates






June|2023

2023 June						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
						
4 Play "Kiss me" and tickle their nose	5 Sing a song about fish. https://www.youtube.com/watch?v=133878	6 Play with ice cubes on a tray and talk about "cold"	7 Make an obstacle course outside to crawl/run over	8 Play Uppity Daisy and flip upside down	9 Look through an animal book and make their sounds	10 Play peek-a-boo with a sheet or blanket
11 Make up a song about washing hands	12 Day "I love you" and practice blowing kisses	13 Pick 1-3 body parts and practice finding them, "where's your nose?"	14 Splash in the bathtub. Talk about water, wet and bubbles	15 Sing the Waking Sleeping song https://www.youtube.com/watch?v=133878	16 Bang on pots and pans in the kitchen	17 Read a book about dolls
18 Give dad a hug and kiss. Sign "dad"	19 Do a veggie taste test	20 Find some sand and put your feet in it. Talk about the beach	21 Look for birds in the sky and point. Talk about the beach	22 Press a ball back and forth	23 Talk about yummy foods, say "mmm-mm"	24 Go for a walk and smell the flowers
25 Run around outside. Sign "run"	26 Taste a new food	27 Play dress-ups. Put on/off sunglasses	28 Draw with chalk outside on the sidewalk	29 Take a picture with dad	30 Practice the sign or word for help following the directions	

Early Communicator Calendar

2023 June						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
						
4 Play "Kiss me" and tickle their nose	5 Pretend to go fishing	6 Play with ice cubes on a tray and talk about "cold" things	7 Make an obstacle course outside through it	8 Play Uppity Daisy and flip upside down	9 Look through a book and name the animals	10 Have a campout in the yard or living room
11 Make up a song about washing hands	12 Cut out a heart and draw or paste things you love on it	13 Play doctor. Talk about body parts	14 Spin in the bathtub. Talk about water, wet and bubbles	15 Sing the Waking Sleeping song https://www.youtube.com/watch?v=133878	16 Bang on pots and pans in the kitchen	17 Read a book about dolls
18 Give dad a hug and kiss. Sign "dad"	19 Do a veggie taste test	20 Find some sand and put your feet in it. Talk about the beach	21 Pretend to be a bird	22 Kick a ball back and forth	23 Find things that are pink	24 Go for a walk and smell the flowers
25 Run around and play tag outside	26 Make pudding together following the directions	27 Play dress-ups. Put on/off sunglasses	28 Draw with chalk outside on the sidewalk	29 Take a picture with dad	30 Practice the sign or word for help when getting dressed	

First Words Calendar

2023 June						
Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
						
4 Play "Kiss me" and tickle their nose	5 Pretend to go fishing	6 Play with ice cubes on a tray and talk about "cold" things	7 Make an obstacle course outside, "run" through it	8 What color is your nose? What animal do you see? How is it feeling?	9 Point to actions in a book. (Who is sleeping? Who is eating?)	10 Have a campout in the yard or living room
11 Make up a song about washing hands	12 Cut out a heart and draw things you love on it	13 Play doctor. What does a doctor do?	14 How many bath toys do you have? Count them.	15 Sing the Waking Sleeping song https://www.youtube.com/watch?v=133878	16 Bang on pots and pans in the kitchen. Make up a song	17 Read a book about dolls
18 Give dad a hug and kiss. Sign "dad"	19 Do a veggie taste test	20 Find some sand and put your feet in it. Talk about the beach	21 Pretend to be a bird. Where would you go?	22 Kick a ball back and forth	23 Find things that are pink	24 Go for a walk and smell the flowers. What color are they?
25 Run around and play tag outside. Sign "run"	26 Make pudding together following the directions	27 Play dress-ups and make up a story	28 Draw with chalk outside on the sidewalk	29 Take a picture with dad	30 Can you get dressed by yourself? What do you need help with?	

Expanding Language Calendar

Tried & True Tips from a Therapist

by Janice Marney, EIS/SC

Water Play for Summer Fun!



Summer is here and what better way to cool off AND help your child's development than...**Water Play!** Water play is a great way to engage your child in a fun activity and work on a variety of developmental skills, including fine and gross motor, language, cognitive and social emotional skills. Here are some ways water play can be beneficial for your child.

Fine and Gross Motor: Children develop gross motor and fine motor skills as they scoop and pour water, fill a variety of containers, and carry buckets of water. You can add in items such as eye droppers or turkey basters to squeeze for extra fine motor practice.



Language: Splish, Splash! Imagine all of the language opportunities that can arise as children play with water! Describe their actions as they pour water in and out and add more water to containers. Model new vocabulary as your child explores with different toys and tools.

Cognitive: Pretend play develops cognitive skills while creating opportunities to introduce new vocabulary and practice social skills. Change out the activities to allow for new ways to explore and play. For example in water play, dye the water blue and have toy animals swim in the water, add bubbles and make a car wash, add dirt and let dinosaurs stomp in mud, add in rocks/feathers to see how they sink and float, the opportunities are endless!

Social Emotional: Children learn to share toys and work together during water play, so make a play date or have your little one play with siblings. It's important to allow them time to learn to share and work out conflicts, but equally important to model opportunities for cooperative play, such as

demonstrating how the children can work together to fill a bucket of water with tools.



What do you need to set up water play for your child? Simple! You can use a water table or a large bucket or tub. Find items from around your house such as a variety of cups, spoons, bath toys, funnels, strainers, etc. Your child can also enjoy water play during bath time, in the kitchen sink, or even a large bowl during indoor times.

Don't forget the sunscreen and have some outdoor fun with water play this summer!

Follow the links for even *more* water play ideas:

[Fine Motor Water Skills for Toddlers](#)

[Water Transfer with Sponges](#)

[Pom Pom Water Play](#)

[Baby Water Play](#)

Spotlight Story - The Valdez Family



by Melissa Valdez

Our story starts with the amazing frontline workers at Easter Seals.

Although our daughter was consistently chatting a million words a minute, we could hardly understand a word of it. We believed undoubtedly, she had some speech impediment.

From the moment DeeDee made first contact with us, our journey to evaluation was seamless. Email, text, or phone call, she was there. Very organized she was, and knowledgeable.

Easter Seals met with my daughter at her daycare, which was so convenient! Because of Covid, the daycare had strict restrictions on guests, but DeeDee did not hesitate to provide proper documents to gain access to the facility for herself and the evaluation team. This meant a lot. Implementing the evaluation alongside my daughter's daily routine

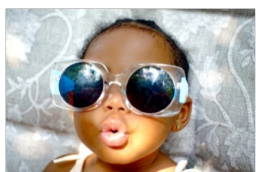
meant that she was comfortable in her environment to respond properly to questions.

My daughter did not qualify for speech therapy per the ECI guidelines. I appreciated DeeDee's feedback on how well, and what a delight, our daughter was.

Along this journey, DeeDee taught me so much in such a short amount of time. With the information, I was able to apply it towards getting help for my son. My son is ADHD. With my newfound knowledge, I pursued therapy and an IEP with the school district. It has been established for my son before he even starts Kinder. I am so grateful to the services and dedication Easter Seals has implemented; helping one-family-at-a-time is evident.



We Are Looking For Spotlight Stories for Upcoming Newsletters



Is Your Child The
next
ECI
SuperStar?

We'd love to share your child's ECI journey!
If you'd like to be featured in the **"ECI Spotlight Story"** segment, click below.

[I'm a SuperStar!](#)

Reminders

Continuous Medicaid Coverage Ending

Beginning **April 1, 2023**, all Medicaid members,

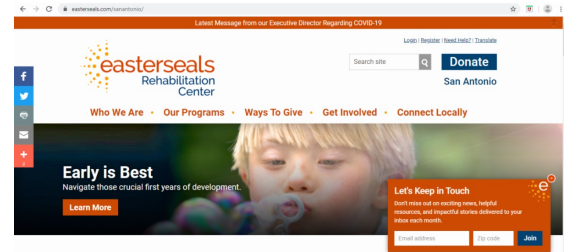


including children receiving ECI services, will need to have their Medicaid eligibility redetermined. Medicaid members should look out for renewal notices mailed in an envelope that says “Action Required” in red or sent electronically to members signed up for electronic notices.

[More Info](#)

COVID-19 Updates

Check our [website](#) periodically for the latest memos from our Executive Director, Linda Tapia, click on the orange alert bar at the top on the page.



If you are in need help accessing resources, please contact your service coordinator. If you are in need of someone to talk to to help cope with the changes revolving around COVID-19, please contact your service coordinator to reach out to our counseling department. They will follow up with you to help in this critical time.

June Awareness Observations

Thank you to all of our wonderful speech therapists!



Month-Long

- Apert Syndrome
- Chronic Venous Insufficiency
- Migraine and Headache
- Hemiplegic Migraine
- PTSD

Days

- June 1 - International Children's Day
- June 1 - World Hypoparathyroidism Awareness
- June 3 - Telehealthcare
- June 4 - International Day of Innocent Children, Victims of Aggression
- June 7 - National Cancer Survivors Day
- June 7 - World Food Safety Day
- June 8 - World Brain Tumor Day

- June 13 - International Albinism
- June 14 - World Blood Donor Day
- June 18 - Autistic Pride Day
- June 19 - World Sickle Cell Day
- June 23 - Dravet Syndrome.
- June 25 - World Vitiligo
- June 27 - U.S. National Post Traumatic Stress Disorder (PTSD) Day
- June 29 - Chronic Migraine
- June 29 - World Scleroderma
- June 30 - Arthrogyriposis



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Health and Human
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Early Childhood Intervention

Easter Seals Rehabilitation Center
is a contracted provider of
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Texas Health and Human Services.

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