

easterseals

Easter Seals

Rehabilitation Center

ECL Monthly

news & updates

November|2023

Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Read a book by your favorite children's author!	2 Make rolling a car or train back and forth.	3 Use the sign "leaf" during breakfast.	4 Play with parent/food. Feed the dolls animals.	5 Sing if You're Happy And You Know It Clap Your Hands	6 Hide a ball under a chair. Ask "Where's the ball?"	7 Find your child's favorite animal. Ask "What's like a sweet potato?"	8 Follow the direction, "Get your cup."
9 Make an art project with collage paper and glue. Use a picture of a country.	10 Watch football. Give high fives and say "Yay!"	26 Be silly. Put socks on your hands and say "No, no, no!"	11 Look at old photos and tell your child a family story.	12 Make an art project with collage paper and glue. Use a picture of a country.	13 Read a book about people from another country.	14 Sing Happy Birthday to Mickey Mouse.	15 Collect sticks and line them up from shortest to longest.

Early Communicator Calendar

Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Read a book by your favorite children's author!	2 Play with toys. Practice saying "top" the bread.	3 Make a sandwich, put food "on" the bread.	4 Play with parent/food. Cook for your dolls or stuffed animals.	5 Sing if You're Happy And You Know It Clap Your Hands	6 Hide a ball under a chair. Ask "Where's the ball?"	7 Find your child's favorite animal. Ask "What's like a sweet potato?"	8 Follow the direction, "Get your cup."
9 Make an art project with collage paper and glue. Use a picture of a country.	10 Watch football. Give high fives and say "Yay!"	26 Be silly. Put socks on your hands and say "No, no, no!"	11 Look at old photos and tell your child a family story.	12 Make an art project with collage paper and glue. Use a picture of a country.	13 Read a book about people from another country.	14 Sing Happy Birthday to Mickey Mouse.	15 Collect sticks and line them up from shortest to longest.

First Words Calendar

Notes	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Read a book by your favorite children's author!	2 Play with toys. Practice saying "top" the bread.	3 Make a sandwich, put food "on" the bread.	4 Play with parent/food. Cook for your dolls or stuffed animals.	5 Sing if You're Happy And You Know It Clap Your Hands	6 Hide a ball under a chair. Ask "Where's the ball?"	7 Find your child's favorite animal. Ask "What's like a sweet potato?"	8 Follow the direction, "Get your cup."
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Expanding Language Calendar

Tried & True Tips from a Therapist

by Linda Tapia, Executive Director

Making a List and Checking it Twice



I have the honor of writing the Center's annual "Easter Seals is grateful for" thank you message for the November newsletter. I consider this duty to be an absolute honor and a privilege each year especially since Thanksgiving is traditionally when we recognize the people and things we are grateful to have in our lives. At the top of this year's "Easter Seals is grateful for" list we want to tell you we are extremely grateful for each adult, child and family that allow us the opportunity to be a small part of your lives. We consider you to be an important part of our Easter Seals family as we all work together to help achieve each individual's

or family's goals throughout the time you are part of this organization.

It is especially important to recognize and thank all those corporations on the "Easter Seals is grateful for" list because these partners provide financial support that helps us with things that we are unable to have otherwise. We want to share their names and request that you consider thanking these businesses for their support with your patronage. H-E-B has graciously supported our ECI Program's Family Engagement Series last year and again this year. If you have attended the Halloween Trick-or-Treat, the Sensory-Friendly Santa Experience, or the Junior Golf Tournament (also sponsored in part by the JW Marriott San Antonio Hill Country Resort & Spa's Golf Pro) you have participated in the ECI Family Engagement Initiative. This year H-E-B increased their financial support of the ECI families and the adults we serve. We are most grateful to H-E-B for their ongoing commitment to our programs and services.

The Valero Energy Corporation is one of the corporations that we want to recognize. We are thankful for them all year and not just during the month of November for their support. Easter Seals participates in the annual "Champions Fore Charity" fundraising campaign. This event allows us to raise funds over a period of time and then submit the funds to receive a 107% match of those funds. We have also benefitted from the different drawings and contests that are part of "Champions Fore Charity" to add to our 107% match through this event. It's not often that you get back even *more* than what is gained through fundraising. Easter Seals ECI has also been fortunate to receive a grant of \$10,000.00 from Valero's Benefit for Children program. The funds donated to our Center by the Valero Energy Corporation have helped to support the services we provide through our ECI program. We are very thankful to "Champions Fore Charity" and the Valero Energy Corporation for their continued support.

We cannot end this year's "Easter Seals is grateful for list" without recognizing how thankful our organization is for every individual that has donated to our various fundraising efforts. Easter Seals is grateful for the members of our Board of Directors for their gifts of time, expertise, and financial support. This group of individuals are vital to our success and we are blessed to have such an awesome group of men and women support us in this capacity. Last but not at all least, Easter Seals is grateful for each person that is part of our staff. We are grateful for your talents, your passion for helping children, adults (New Beginnings Program) and families, and your dedication to helping each child, adult and family receive the highest quality services possible while enrolled in our programs. We are very grateful to each one of us that serves our organization in the behind the scenes jobs. They provide the work that supports those in homes, childcare centers, and classrooms in our building.

Thanks to each of you that are part of the Easter Seals Rehabilitation Center and its services to others. We wish everyone a joyous Thanksgiving Holiday.

Spotlight Story - Averi Rosas



By Christina Leal

Easter Seals has been my "work family" for the last seven years. I work as an Early Intervention Specialist (EIS). So when my daughter Averi, was fussing during tummy time, and gagging on purees, I knew it was time to be proactive and get our daughter evaluated by the program. At 6 months, Averi had delays in gross motor development and was struggling during meal times. Here I was, an EIS within Easter Seals, giving other families recommendations on how to better help their children meet their developmental

milestones, and when I looked at Averi, it was as if I would "blank" out and all knowledge went out the window.

Luisa Hernandez, OT was one of the therapist assigned to Averi's case. Luisa wasted no time and came in ready to observe and work with Averi. Luisa understood Averi's limits and would challenge her as much as she would tolerate. She was not always a fan of Luisa's work, but loved Luisa because the way she interacted and engaged with her! Averi is now 15 months and is excited to see Luisa for her weekly sessions. Averi laughs and smiles as we work as a team to get Averi using utensils during meal time.

Kim Martinez, ST came in, full force, ready to offer Averi various purees and textured foods. I was a nervous wreck as I watched Averi try new foods, but Kim was always there for support and reassurance that Averi was learning with this process and learning appropriate feeding skills. Without Kim, Averi would not be where she is with her feeding and the amazing palate she has to try new things!. We appreciate our therapist and love them for all their hard work with our daughter!

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We Are Looking For Spotlight Stories for Upcoming Newsletters



Is Your Child The
next
ECI
SuperStar?

We'd love to share your child's ECI journey!
If you'd like to be featured in the **"ECI Spotlight Story"** segment, click below.

[I'm a SuperStar!](#)

Reminders



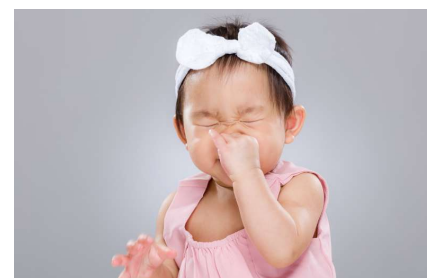
Easter Seals will be closed Thursday, November 23rd and Friday, November 24th in observance of the Thanksgiving holiday.

We are so thankful for our families and staff. Please enjoy this time with your loved ones.

When to Cancel Therapy

As we enter fall and with several illnesses going around, please help us prevent widespread sickness throughout our program.

Telehealth is available if your child is well enough for therapy, but you're concerned about spreading germs. If your child is not well enough for any type of therapy, please cancel with your therapist. Remember, when we leave your



Let's all work together to

I might have to cancel or reschedule if...

I'm vomiting...
Two or more times in 24 hours.

I have a rash, lice or nits...
Body rash especially with a fever or itching. Lice or nits.

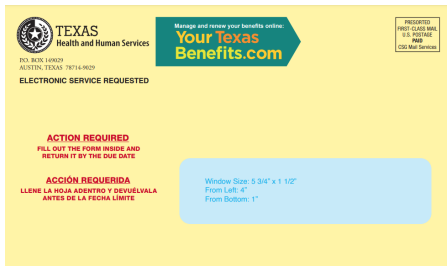
I have diarrhea...
3 or more watery stools in 24 hours.

I have an eye infection...
Thick mucus or pus draining from the eye.

I'm just not feeling very good...
Unusually tired, pale, lack of appetite, confused or cranky.

I have a sore throat...
With fever or swollen glands.

I have a fever...
Temperature of 99.4 ° (F) or more (taken under the arm) AND sore throat, rash, vomiting, diarrhea, earache or just not feeling good.



[More Info](#)

Continuous Medicaid Coverage Ending

Beginning **April 1, 2023**, all Medicaid members, including children receiving ECI services, will need to have their Medicaid eligibility redetermined. Medicaid members should look out for renewal notices mailed in an envelope that says "Action Required" in red or sent electronically to members signed up for electronic notices.

November Awareness Observations

Thank you to all of our wonderful physical therapists!
October is National Physical Therapy awareness Month

Month-Long

- Adoption
- Diabetes
- Epilepsy Month
- Good Nutrition Month
- Prematurity
- Red Ribbon Month (Anti-drunk-driving)



Days

- November 1 - Lennox-Gastaut Syndrome
- November 8 - Aicardi Syndrome
- November 10 - World Immunization Day
- November 11 - Veterans Day - Remembrance Day - Armistice Day
- November 12 - World Pneumonia Day
- November 14 - World Diabetes Day - (
- November 17 - World Prematurity Day
- November 20 - Universal Children's Day



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TEXAS
Health and Human
Services

Early Childhood Intervention

Easter Seals Rehabilitation Center
is a contracted provider of
Texas Early Childhood Intervention
Services and partially funded by
Texas Health and Human Services.

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