

To learn more about the life-changing services and powerful advocacy of Easterseals in communities, visit

easterseals.com/SouthernCal



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## BEHAVIORAL HEALTH SERVICES



Southern California



At Easterseals, our purpose is to lead the way to full equity, inclusion and access through life-changing disability and community services. Our four pillars call attention to our work: Enriching Education, Expanding Employment, Enhancing Health and Elevating Community.

Easterseals Southern California now offers Behavioral Health Services to individuals with neurodevelopmental disorders (such as Autism Spectrum Disorder, intellectual disability, and similar disorders) who also have a mental illness. Our services provide treatment and support to address mental health, behavior and other factors that impact an individual's well-being.



## BEHAVIORAL HEALTH SERVICES

Our mission is to provide culturally responsive evidence-based behavioral healthcare to children, adolescence, adults, and their families.

- Individual psychotherapy
- Intensive outpatient psychotherapy
- Play therapy
- Group psychotherapy
- Psychoeducational support groups
- Couples therapy
- Marriage therapy
- Family therapy
- Mindfulness & Wellness Interventions
- Psychological evaluation and assessments

## For more information, please contact:

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