



easterseals

Walk With Me



Walk With Me Pittsburgh
Saturday, May 17, 2025
Team Captain Kit



THANK YOU FOR SUPPORTING EASTERSEALS' MISSION & CREATING YOUR TEAM. WITHOUT YOUR SUPPORT, OUR WORK WITH INDIVIDUALS WITH DISABILITIES WOULD NOT BE POSSIBLE.

ABOUT WALK WITH ME PITTSBURGH

Walk With Me Pittsburgh is a 1-mile fundraising walk/wheel that everyone can participate in. Registration includes an Official Walk With Me T-shirt, snacks, refreshments and event admission. The Top Fundraising Team and Top Fundraising Individual will receive a prize!

RECRUITING YOUR TEAM FOR WALK WITH ME

- **Set Your Team Goal!** What is an achievable fundraising goal for your team? Break it down per person (ex. \$100.00 per team member at 10 team members is \$1,000.00!).
- **Get your company involved!** Let your co-workers know that you are participating in a great fundraising event.
- **Connect with past teammates!** Let them know you are participating and encourage them to join you for this fun-filled day to support children and adults with disabilities.
- **Make a list!** Invite people from your holiday card list, family members, friends, and neighbors and ask them to join your team!
- **Ask online!** Promote the Walk on Facebook, X, or Instagram and encourage people to join you or make donations to your team.

QUESTIONS?

Contact Colleen Felentzer at cfelentzer@eastersealswcpenna.org.



WALK WITH ME PITTSBURGH 2025 TEAMMATE TRACKING FORM

Team Captain _____

Team Name _____

Email _____

Phone Number _____

Please make sure all checks are payable to: **Easterseals Western & Central Pennsylvania**. Encourage your donors to sponsor you online and through Facebook and other social media, too! To manage all of your donations, visit www.walkwithme.org/pittsburgh and log into your Participant Center.

Teammate	Email	Address	Cty, St, Zip	Payment Type	Total
I.E.) ESWCPA	development@eastersealwcpenna.org	6 Parkway Ctr, Ste 150 875 Greentree Rd	Pittsburgh, PA 15220	CASH	\$25.00

Questions? Contact Colleen Felentzer at

cfelentzer@eastersealswcpenna.org or 412-281-7244 x 1263

The official registration and financial information of Easterseals Western and Central Pennsylvania may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania 1-800-732-0999. Registration does not imply endorsement.

FUNDRAISING TIPS FOR YOUR TEAM

Make your own donation. Encourage your team members to do the same.

Share your story! Utilize social media to share all of the wonderful reasons you are participating! Ask for donations to help reach your goal.

Create a fitness challenge. Challenge yourself & teammates to a fitness challenge & collect pledges for each milestone you perform. Whether it is dancing, cycling, or running, encourage friends to participate & collect pledges with you. Track your donations & notify Sarah Powell at spowell@easterealswcpenna.org.

Host a happy hour with games. Gather some peers or coworkers to host a happy hour filled with activities like murder mysteries or trivia. Ask for suggested donations to attend & throughout the happy hour.

Declutter! Host a yard sale. Clear your closet, book shelves, & cabinets & sell your unwanted items. Donate proceeds to your team!

Fundraise At Work. Ask your employer if they have a matching gift program.

Use The Ask 5 Rule. To get \$500 in 5 days, you just have to use the ask 5 rule.

Day 1 (\$100):	Ask 3-4 family members to sponsor you or sponsor yourself for \$25
Day 2 (\$100):	Ask 5 friends and 5 coworkers for \$10 each
Day 3 (\$50):	Ask 5 neighbors for \$10 each
Days 4 & 5 (\$250):	Ask 5 businesses you often visit for \$50 each

Fundraising Treasure Map

Goal of 25 Names and Contact Information



Donor	Email	Address	Cty, St, Zip	Payment Type	Total
I.E.) ESWCPA	development@eastersealswcpenna.org	6 Parkway Ctr, Ste 150 875 Greentree Rd	Pittsburgh, PA 15220	CASH	\$500

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Easterseals Western & Central Pennsylvania is leading the way to 100% equity, inclusion, and access for people with disabilities, families, and communities. We offer a wide variety of program and resources across 47 counties in Pennsylvania. For more information, visit www.eastersealswcpenna.org.

Programs and Services Include:

- Approved Private School Program
- ASL Interpreting Services
- Inclusive Employment Opportunities
- Inclusive Child Development Center
- Community Support Services
- Military Family Programs
- Residential & Day Camps
- Residential Services
- Speech & Hearing Services
- Therapeutic Recreation & Adventure Sports Programs

Connect With Us Online

Website: www.eastersealswcpenna.org

Facebook: @EasterSealsWCPA

LinkedIn: Easterseals Western and Central Pennsylvania

Instagram: @eswcpa

Youtube: Easterseals Western and Central Pennsylvania

Email:

development@eastersealswcpenna.org

