Washington State Resources for Veterans, Families & Caregivers

Advocacy

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Blue Star Families	Active Duty Military Families	757-805-5276	Jade Abresch	Joint Base Lewis
Blue Star Families	Active Duty Military Families	/5/-805-52/6	jabresch@bluestarfam.org	McChord
Building 9	Advocates for securing Veteran Benefits	800-562-2308		Kitsap County Region
FOR Here	Votorone Bessures	971-813-5811	Monique Brown	Chahausida
FOB Hope	Veterans Resources	9/1-813-3811	forwardoprtatingnasehope@gmail.com	Statewide
Goodwill	Military & Veteran Service Program	253-573-6500	www.Goodwillwa.org	Tacoma
Heroes to Hometowns	Connect to local resources		www.waheroestohometowns.org	
Navy Sexual Assault Prevention &	Advocacy, Info, Counseling	360-396-7277		Statewide
Response	Advocacy, into, counseling			Statewide
Operation Good Jobs. Goodwill	Vocational Training & Job Assistance	253-573-6789	vetservicesinfo@goodwillwa.gov	Tacoma
RallyPoint	Mentor & Encourage Veterans. Educates	253-777-0556	www.rallypoint6.org	Lakewood
RallyPolit	Communities.	255-777-0550	www.ranypointe.org	Lakewood
REACH	Case Management	206-678-7762	Ernie Bird	Statewide
	Case ividilagement	200-076-7702	ernieb@etsreach.org	Statewide
USO Pathfinder	Transitions to civilian life		www.Uso.org/pathfinder	Lakewood/Tacoma

Disability Services

Organization	Resources and Services	Phone	Contact, Email, Website	Region
DAV (Disabled American Veterans)		253-583-1303	www.davtacoma.org/	Statewide
Disabled American Veterans, Chapter 5	Resources for Veterans	360-373-2397		Bremerton
Kitsap County Parent Coalition	Family & Special Needs Resources	360-373-2502 x100	Melissa Lund mlund@wa.easterseals.com www.kitsapcountyparentcoalition.com	Kitsap County
Max Impact	Virtual Service Dog. Free App to help	800-562-2308	www.dva.wa.gov	Nationwide
Military Order of the Purple Heart	Support for Purple Heart Recipients	253-297-1376	www.purpleheart.org	Statewide
Navy Wounded Warriors		360-315-2645	Eddie Garcia, Regional Director Edward.garcia2@navy.mil	Western Washington
Operation Impact (Northrop Grumman)	Help for Veterans Injured Post 9/11	800-395-2361	operationimpact@ngc.com	Statewide
Paralyzed Veterans of American		800-336-9782	www.nwpva.org PVAchnw@mindspring.com	Statewide
Tacoma Amputee Support Group		253-272-5397	www.tacomaamputee.webs.com	Tacoma
Wounded Warrior Project		888-WWP-ALUM (997- 2586)	resourcecenter@woundedwarriorproject.org	Nationwide

Disability Services for Children

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Air Force Exceptional Family Respite Care	Respite Care for special needs family member	703-341-4100	www.usa.childcareaware.org	Nationwide
Education Ombuds	Support for children K-12 public school	866-297-2597	www.oeo.gov	Statewide
Exceptional Family Member Program	Services for military families with special needs member	Kitsap: 360-475-4215 Everett: 425-304-4070 Oak Harbor 360-257- 9500	Email: ffsp.cnrnw@navy.mil	Kitsap, Everett, Oak Harbor
Navy Exceptional Family Respite Care	Respite Care for special needs family member	800-424-2246	www.naccrra.org/militaryprograms/navyEFMP	Nationwide
PAVE	Assistance and advocacy for parents of children with special needs	800-5.PARENT	www.wapave.org	Statewide
PAVE/STOMP	Specialized Training for Military Parents	800-572-7368	www.wapave.org	Statewide
Pilot for a Day	Medically challenged kids ages 6-14		www.pilot4aday.info	Statewide, but held in Lakewood

Education

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Education Ombuds	Support for children K-12 public school	866-297-2597	www.oeo.gov	Statewide
Veterans Farm at Orting	Farm Plots, Wetland Trail Restoration, Training/Agriculture Ed, Reflection Garden		www.dva.wa.gov jasona@dva.wa.gov	Orting

Employment

Organization	Resources and Services	Phone	Contact, Email, Website	Region
American Job Center @ Hawk	Vocational	215-837-9612	Cary Ingman	Joint Base Fort Lewis
Transition Center	Vocational	213-637-9012	cinglman@pierce.ctc.edu	McChord
Blue Star Families	Active Duty Military Families	757-805-5276	Jade Abresch	Joint Base Lewis
	Active Duty Willitary Fairlines	757-805-5276 jab	jabresch@bluestarfam.org	McChord
Camo2Commerce Career Dev	Career Development Services	253-967-0319	www.camo2commerce.com	Joint Base Lewis
Camozcommerce	Career Development Services	255-907-0519	www.camozcommerce.com	McChord

Four Block	Veteran Career Readiness	206-852-4559	Monica McNeal, Regional Director	Seattle
			mmcneal@fourblock.org	
Goodwill	Military & Veteran Service Program	253-573-6500	www.Goodwillwa.org	Tacoma
	Case Planning, Crisis Stabilization,			
King County Veteran's Program	Emergency Shelter, Transitional Housing,	877-904 VETS (8387)	www.kingcounty.gov/socialservices/veterans	Seattle, Renton
	Job Readiness			
	Safe Houses, Technology Training, Case	253-376-3393		Statewide, located in
Ladies Operation Moving Forward	Management		www.ladiesoperationmovingforward.org	Tacoma
License Recognition for Military	Support for obtaining professional		www.veterans.gov/milspouses	
Spouses	licenses in new states.			
Operation Good Jobs. Goodwill	Vocational Training & Job Assistance	253-573-6789	vetservicesinfo@goodwillwa.gov	Tacoma
On anation & Atlitum Family Comm	Dethining to Comment for Nethern	877-516-8323	Michael Schindler, CEO	Chahamida
Operation Military Family Cares	Pathways to Success for Veterans		mschindler@omfcares.org	Statewide
Delate and in Complete DVA		206-454-2790	Tracy Jone, Program Specialist	Chahamida
Reintegration Services - DVA	Reintegration Services		tracyj@dva.wa.gov	Statewide
Spouse Education & Career	Canada Canada lina		https://www.goog.mailitam.goog.goog.mail/oogtal/	Madamodala
Opportunities SECO	Career Counseling		https://myseco.militaryonesource.mil/portal/	/ Nationwide
USO Pathfinder	Transitions to civilian life		www.Uso.org/pathfinder	Lakewood/Tacoma
WorkSource	Transitioning Service Members. Job	252 257 2722		G
	Search	253-967-2790		Statewide

Family Services

	Fa	amily Services		
Organization	Resources and Services	Phone	Contact, Email, Website	Region
Air Force Exceptional Family Respite Care	Respite Care for special needs family member	703-341-4100	www.usa.childcareaware.org	Nationwide
Blue Star Families	Active Duty Military Families	757-805-5276	Jade Abresch jabresch@bluestarfam.org	Joint Base Lewis McChord
Catholic Community Resources	Veteran Families	253-850-2507	Tewana Martin, Case Manager tewanam@ccsww.org	Kent
Child Care Aware of America	Help finding & paying for child care	800-424-2246	www.naccrra.org/military-families	Nationwide
Education Ombuds	Support for children K-12 public school	866-297-2597	www.oeo.gov	Statewide
Exceptional Family Member Program	Services for military families with special needs member	Kitsap: 360-475-4215 Everett: 425-304-4070 Oak Harbor 360-257- 9500	Email: ffsp.cnrnw@navy.mil	Kitsap, Everett, Oak Harbor
Fisher House	Free place to stay while family receives care in VA hospital	253-964-9283	www.fortlewisfisherhouse.org	Joint Base Lewis McChord
FOCUS	Services for military families.	253-966-6390	www.focusproject.org	Joint Base Lewis McChord
Gold Star Wives of America, Inc	Support for Widows/Widowers		Arlene Murray: 253-720-1766 Mildred Farrow 253-582-4720	Statewide
Joint Base Lewis-McChord Armed Forces Community Services	Programs and Services, Substance abuse, Family Action Plan, Relocation Readiness, Sexual Harassment, Survivor Outreach	253-967-7166	Jblmafcs.com www.facebook.com/jblmafcs	Lakewood/Tacoma
Kitsap County Parent Coalition	Family & Special Needs Resources	360-373-2502 x100	Melissa Lund mlund@wa.easterseals.com www.kitsapcountyparentcoalition.com	Kitsap County
License Recognition for Military Spouses	Support for obtaining professional licenses in new states.		www.veterans.gov/milspouses	
Naval Base Kitsap Spouse Community			MarkS@dva.wa.gov	Statewide
Navy Exceptional Family Respite Care	Respite Care for special needs family member	800-424-2246	www.naccrra.org/militaryprograms/navyEFMP	Nationwide
Navy Relief Social Naval Base Kitsap	Family Assistance	360-372-2187		Kitsap County
Our Military Kids	Provides grants for sports, fine arts, & academic tutoring for kids of wounded service members	703-734-6654	www.Ourmilitarykids.org	Nationwide
PAVE	Assistance and advocacy for parents of children with special needs	800-5.PARENT	www.wapave.org	Statewide
PAVE/STOMP	Specialized Training for Military Parents	800-572-7368	www.wapave.org	Statewide
Pilot for a Day	Medically challenged kids ages 6-14		www.pilot4aday.info	Statewide, but held in Lakewood
Supportive Services for Veterans Families SSVF	Family Resources	206-545-2344	Christina Halaszyn chalaszyn@cpcwa.org Jess Woolen jwoolen@cpcwa.org www.cpcwa.org	Statewide
Washington Warrior Widows		253-441-7233	Stephanie Groepper www.washingtonwarriorwidows.org	Statewide
West Sound Fleet & Family Support Center		866-854-0638	www.navylifepnw.com	Kitsap Region

Financial Assistance

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Armed Forces Services Corp	Financial Coaching	1253-777-0556	Christopher Lilley, Financial Coach clilley@afsc.com	Lakewood
Madigan Foundation	Eyeglasses and dental care for military families		www.madiganfoundatio.org	South Puget Sound

Navy Relief Social Naval Base Kitsap	Family Assistance	360-372-2187		Kitsap County
	Pathways to Success for Veterans	1877-516-8323	Michael Schindler, CEO	Statewide
			mschindler@omfcares.org	
Operation Ward 57	Support while in hospital Concerts &	253-534-8779	www.operationward57.org	Statewide
operation wards,	Events, Grant		.,	
	Provides grants for sports, fine arts, &			
Our Military Kids	academic tutoring for kids of wounded	703-734-6654	www.Ourmilitarykids.org	Nationwide
	service members			
Veterans Family Fund of American	Help with utility bills, help with rent,		www.veteransfamilyfund.org	Statewide
	vehicle repairs		www.veteransrammyrunu.org	Statewide

Food Assistance

Organization	Resources and Services	Phone	Contact, Email, Website	Region
FISH Food Banks of Pierce County	Food	253-383-3164		Pierce County
Operation Homefront (Active Duty & Veterans)	Housing, Baby Items, Urgent Vehicle Repairs, Food, Military Youth, Caregiver Retreats	808-779-5898		Pacific NW
The Fish Net	Food Pantry	360-695-4903	www.fishvancouver.org	Vancouver

General Resources

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Organization	Resources and Services	riione	Pat Patterson, Service Officer	Region
American Legion		253-536-6999	haroldc@aol.com	Tacoma
American Legion		360-491-4373	www.walegions.org	Statewide
AMVETS (American Veterans)		253-472-2822 ext 2	www.amvetswapost1.org servicedirector@amvetswa.org	Statewide
DAV (Disabled American Veterans)		253-583-1303	www.davtacoma.org/	Statewide
Disabled American Veterans, Chapter 5	Resources for Veterans	360-373-2397	J.	Bremerton
DVA (Dept of Veteran's Affairs)	Medical Benefits, Caregiver Program, Counseling, State Veterans Home	800-562-2308	www.dva.wa.gov	Statewide
El Centro de la Raza	Resource Referrals	206-957-4647	Monique Brown mbrown@elcentrodelaraza.org www.elcentrodelaraza.org	Seattle
Gallant Few	Veteran Support Network	817-567-3293	www.gallantfew.org	Statewide
Joint Base Lewis-McChord Armed Forces Community Services	Programs and Services, Substance abuse, Family Action Plan, Relocation Readiness, Sexual Harassment, Survivor Outreach	253-967-7166	Jblmafcs.com www.facebook.com/jblmafcs	Lakewood/Tacoma
King County Veteran's Program	Case Planning, Crisis Stabilization, Emergency Shelter, Transitional Housing, Job Readiness	877-904 VETS (8387)	www.kingcounty.gov/socialservices/veterans	Seattle, Renton
Ladies Operation Moving Forward	Safe Houses, Technology Training, Case Management	253-376-3393	www.ladiesoperationmovingforward.org	Statewide, located in Tacoma
Max Impact	Virtual Service Dog. Free App to help	800-562-2308	www.dva.wa.gov	Nationwide
Military Order of the Purple Heart	Support for Purple Heart Recipients	253-297-1376	www.purpleheart.org	Statewide
NABVETS (National Association for Black Veterans)		253-582-0895	nabvets@yahoo.com www.nabvets.org	Statewide
Navy Wounded Warriors		360-315-2645	Eddie Garcia, Regional Director Edward.garcia2@navy.mil	Western Washington
Operation Homefront (Active Duty & Veterans)	Housing, Baby Items, Urgent Vehicle Repairs, Food, Military Youth, Caregiver Retreats	808-779-5898		Pacific NW
Operation Impact (Northrop Grumman)	Help for Veterans Injured Post 9/11	800-395-2361	operationimpact@ngc.com	Statewide
Operation Military Family Cares	Pathways to Success for Veterans	877-516-8323	Michael Schindler, CEO mschindler@omfcares.org	Statewide
Paralyzed Veterans of American		800-336-9782	www.nwpva.org PVAchnw@mindspring.com	Statewide
Point Man Ministries International	Veteran Support Group		Rick Bulman: 253-350-2494 Michael Howard: 253-426-0904	Statewide
Puget Sound Veterans Hope Center	Veterans Helping Veterans	253-472-6626	www.pugetsoundveteranshopecenter.org	Puget Sound/Tacoma
RallyPoint	Mentor & Encourage Veterans. Educates Communities.	253-777-0556	www.rallypoint6.org	Lakewood
Red Cross	Sends messages to active duty of Death or Serious Injury, Birth, Financial Need	877-272-7337		Nationwide
Red Cross at Madigan		253-968-1055		Statewide, Located in Lakewood
Tacoma Amputee Support Group		253-272-5397	www.tacomaamputee.webs.com	Tacoma
U.S. Senator Patty Murray		360-696-7797	Bryan Stebbins, Assistant to Senator Murray Bryan_stebbins@murray.senate.gov David Hodges, Assistant to Senator Murray David_hodges@murray.senate.gov	Statewide
Veteran Community Action Network	Community members sharing resources for veterans.	360-689-1988	James.spivey@na2evs.org	Silverdale

Veterans Farm at Orting	Farm Plots, Wetland Trail Restoration, Training/Agriculture Ed, Reflection Garden	800-562-2308 360-725-2224	www.dva.wa.gov jasona@dva.wa.gov	Orting
VFW (Veterans of Foreign Wars)		253-922-2114	vfwstateofwa@aol.com www.vfw.org	Statewide
Vietnam Veterans of America		800-VVA-1316	www.vva.org	Nationwide
WA Serves	Online Service Coordination and Connection	877-515-7848	www.Waserves.org	Statewide
Wa State Dept of Veterans Affairs (WaDVA)		800-562-2308	Lourdes "Alfie" Alvarado-Ramos, Director alfie@dva.wa.gov	Statewide
Wa State Dept of Veterans Affairs (WaDVA)		800-562-2308	Heidi Audette, Communication & Legislative Director heidia@dva.wa.gov	Statewide
Washington Information Network	Resource Line	2-1-1 or 1-866-736-9634	www.win211.org	Statewide
Washington Military Resource Guide	"Phone Book" of military resources	253-984-7928	www.wamilitary.com	Statewide
Women Veterans Resources and Info	Resources and Connect with Other Women Vets	800-562-2308	www.dva.wa.gov	Statewide
Wounded Warrior Project		888-WWP-ALUM (997- 2586)	resourcecenter@woundedwarriorproject.org	Nationwide
YWCA	Eliminating Racism. Empowering Women	206-336-4601	www.ywcaworks.org	Seattle

Health

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Brain Energy Support Team (BEST)	Brain Injury Support	877-719-BEST	www.brainenergysupportteam.org	Nationwide
DAV (Disabled American Veterans)		253-583-1303	www.davtacoma.org/	Statewide
Disabled American Veterans, Chapter 5	Resources for Veterans	360-373-2397		Bremerton
DVA (Dept of Veteran's Affairs)	Medical Benefits, Caregiver Program, Counseling, State Veterans Home	800-562-2308	www.dva.wa.gov	Statewide
Fisher House	Free place to stay while family receives care in VA hospital	253-964-9283	www.fortlewisfisherhouse.org	Joint Base Lewis McChord
Madigan Army Medical Center	Hospital & Outpatient Care. Family medicine too.	253-968-1110		Tacoma – Serves Statewide
Madigan Foundation	Eyeglasses and dental care for military families		www.madiganfoundatio.org	South Puget Sound
Military Order of the Purple Heart	Support for Purple Heart Recipients	253-297-1376	www.purpleheart.org	Statewide
Naval Hospital Bremerton	Non-Emergent Care	800-422-1383		Kitsap County
Navy Wounded Warriors		360-315-2645	Eddie Garcia, Regional Director Edward.garcia2@navy.mil	Western Washington
Operation Impact (Northrop Grumman)	Help for Veterans Injured Post 9/11	800-395-2361	operationimpact@ngc.com	Statewide
Operation Ward 57	Support while in hospital Concerts & Events, Grant	253-534-8779	www.operationward57.org	Statewide
Paralyzed Veterans of American		800-336-9782	www.nwpva.org PVAchnw@mindspring.com	Statewide
Tacoma Amputee Support Group		253-272-5397	www.tacomaamputee.webs.com	Tacoma
TBI Program DVA	TBI Resource	360-725-2223	Daniel Overton, TBI Program Coordinator danielo@dva.wa.gov	Statewide
Tricare/United Health Care	Medical Insurance	877-988-9378	www.Uhcmilitarywest.com	Statewide
VA Health Care	Hospital and Out Patient Care	800-949-1004	www.portland.va.gov	Southwest Washington
Warrior Angels Foundation	TBI Treatment		www.waftbi.org	Nationwide
Washington State Veteran's Home	Nursing facility			Port Orchard, Kitsap County
Wounded Warrior Project		888-WWP-ALUM (997- 2586)	resourcecenter@woundedwarriorproject.org	Nationwide

Housing

Tiousing					
Organization	Resources and Services	Phone	Contact, Email, Website	Region	
			Monique Brown		
El Centro de la Raza	Resource Referrals	206-957-4647	mbrown@elcentrodelaraza.org	Seattle	
			www.elcentrodelaraza.org		
Fisher House	Free place to stay while family receives care in VA hospital	253-964-9283	www.fortlewisfisherhouse.org	Joint Base Lewis McChord	
			Kevin 509-329-6864		
Free Handyman for Disabled Veterans			www.freehandymanservicesforwoundedordisabl	Spokane	
			edveterans.org		
Habitat for Humanity	Veteran Housing	253-327-5626	www.tpc-habitat.org	Statewide	
House of Matthews	Assists homeless single men. Also women and families	253-301-0508	www.thehouseofmatthew.org	Tacoma	
	Case Planning, Crisis Stabilization,		7-904 VETS (8387) www.kingcounty.gov/socialservices/veterans		
King County Veteran's Program	Emergency Shelter, Transitional Housing,	877-904 VETS (8387)		Seattle, Renton	
	Job Readiness				
Ladies Operation Moving Forward	Safe Houses, Technology Training, Case	253-376-3393	www.ladiesoperationmovingforward.org	Statewide, located in	
Ladies Operation Moving Forward	Management	233-370-3333	www.ladiesoperationiniovingiorward.org	Tacoma	

Operation Homefront (Active Duty & Veterans)	Housing, Baby Items, Urgent Vehicle Repairs, Food, Military Youth, Caregiver Retreats	808-779-5898		Pacific NW
Vet Center	Readjustment Counseling to include Sexual Trauma. Mobile unit.	1-800-273-8255 and press 1	www.vetcenter.gov	Tacoma, Lacey, Seattle, Federal Way, Everett, Bellingham, Yakima, Walla Walla
Vet Center	, ,	877-WAR VETS (927- 8387)	www.vetcenter.va.gov	Bellingham, Everett, Seattle, Federal Way, Tacoma, Yakima, Spokane, Walla Walla
Vet Center	Readjustment Counseling	253-565-7038	George Gutierrez, Therapist George.gutierrez@va.gov	Tacoma
YWCA	Eliminating Racism. Empowering Women	206-336-4601	www.ywcaworks.org	Seattle

Mental Health

Organization	Resources and Services	Phone	Contact, Email, Website	Region
			www.aaptsdassn.org	
African American PTSD Association		253-589-0766	tacomaptsd@earthlink.net	Statewide
Brain Energy Support Team (BEST)	Brain Injury Support	877-719-BEST	www.brainenergysupportteam.org	Nationwide
Kitsap Mental Health Services	Jail Diversion	360-337-4633	Tom Caulfield	Kitsap County
Jail Diversion		300-337-4033	thomasc@kmhs.org	Kitsap County
Madigan Army Medical Center	Hospital & Outpatient Care. Family medicine too.	253-968-1110		Tacoma – Serves Statewide
NAMI Homefront	Support for caregivers of service members and veterans with mental health illnesses			Nationwide
National Alliance to End Veteran Suicide	е	253-256-2015	www.na2evs.org rod.wittmier@na2evs.org	Statewide
Navy Sexual Assault Prevention & Response	Advocacy, Info, Counseling	360-396-7277		Statewide
Point Man Ministries International	Veteran Support Group		Rick Bulman: 253-350-2494 Michael Howard: 253-426-0904	Statewide
PTSD Anonymous	Peer-to-Peer	253-279-2624	www.ptsdananymous.org	Tacoma
Seattle Vet Center	Counseling	206-658-4225	Michelle Zarate, Therapist Michelle.zarate@va.gov	Seattle
TBI Program DVA	TBI Resource	360-725-2223	Daniel Overton, TBI Program Coordinator danielo@dva.wa.gov	Statewide
VA Health Care	Hospital and Out Patient Care	800-949-1004	www.portland.va.gov	Southwest Washington
Valley Cities	Behavioral Health Care	253-939-4055	www.Valleycities.org	Auburn, Federal Way, Kent, Seattle, Des Moines, Renton
Vet Center	Readjustment Counseling to include Sexual Trauma. Mobile unit.	1-800-273-8255 and press 1	www.vetcenter.gov	Tacoma, Lacey, Seattle, Federal Way, Everett, Bellingham, Yakima, Walla Walla
Vet Center	Counseling including Military & Sexual Trauma, Drug & Alcohol Referral, Shelter/Housing Info, Benefits Assistance Referral	877-WAR VETS (927- 8387)	www.vetcenter.va.gov	Bellingham, Everett, Seattle, Federal Way, Tacoma, Yakima, Spokane, Walla Walla
Vet Center	Readjustment Counseling	253-565-7038	George Gutierrez, Therapist George.gutierrez@va.gov	Tacoma
Veterans Farm at Orting	Farm Plots, Wetland Trail Restoration, Training/Agriculture Ed, Reflection Garden	800-562-2308 360-725-2224	www.dva.wa.gov jasona@dva.wa.gov	Orting
Warrior Angels Foundation	TBI Treatment		www.waftbi.org	Nationwide

Senior Services

Organization	Resources and Services	Phone	Contact, Email, Website	Region
American Veterans Aid	Ages 65 and older	877-427-8065	www.Americanveteransaid.com	Nationwide

Therapy Services

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Gold Star Wives of America, Inc	Support for Widows/Widowers		Arlene Murray: 253-720-1766 Mildred Farrow 253-582-4720	Statewide
Joint Base Lewis-McChord Armed Forces Community Services	Programs and Services, Substance abuse, Family Action Plan, Relocation Readiness, Sexual Harassment, Survivor Outreach		Jblmafcs.com www.facebook.com/jblmafcs	Lakewood/Tacoma
Miracle Ranch	Therapeutic Horseback Riding	360-471-1962	Irvinelaura79@gmail.com	Bremerton
Navy Sexual Assault Prevention & Response	Advocacy, Info, Counseling	360-396-7277		Statewide
Seattle Vet Center	Counseling	206-658-4225	Michelle Zarate, Therapist Michelle.zarate@va.gov	Seattle

Vet Center		1-800-273-8255 and press 1	www.vetcenter.gov	Tacoma, Lacey, Seattle, Federal Way, Everett, Bellingham, Yakima, Walla Walla
Vet Center	Counseling including Military & Sexual Trauma, Drug & Alcohol Referral, Shelter/Housing Info, Benefits Assistance Referral	877-WAR VETS (927- 8387)	www.vetcenter.va.gov	Bellingham, Everett, Seattle, Federal Way, Tacoma, Yakima, Spokane, Walla Walla
Vet Center	Readjustment Counseling	253-565-7038	George Gutierrez, Therapist George.gutierrez@va.gov	Tacoma

Transitional

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Lions Project New Hope NW	Re-integration of Combat Veterans		www.lpnhnw.org	Statewide
			James.spivey@na2evs.org	
Operation Veteran Freedom	Transitional Workshop for Vet & Families		Rod.wittmier@na2evs.org	Silverdale
			www.na2evs.org/ovf	
			Karl Rone, Peer Outreach Navigator	
PacMtn	Transitional Services		karl@pacmtn.org	Statewide
			www.camo2commerce.com	
Reintegration Services - DVA	Reintegration Services	206-454-2790	Tracy Jone, Program Specialist	Statewide
			tracyj@dva.wa.gov	
USO Pathfinder	Transitions to civilian life		www.Uso.org/pathfinder	Lakewood/Tacoma

VA Benefits

Organization	Resources and Services	Phone	Contact, Email, Website	Region
Building 9	Advocates for securing Veteran Benefits	800-562-2308		Kitsap County Region
DVA (Dept of Veteran's Affairs)	Medical Benefits, Caregiver Program,	800-562-2308	www.dva.wa.gov	Statewide
DVA (Dept of Veteran's Affairs)	Counseling, State Veterans Home	800-502-2308	www.dva.wa.gov	Statewide
VA Health Care	Hospital and Out Patient Care	800-949-1004	www.portland.va.gov	Southwest Washington
Wa State Dept of Veterans Affairs		800-562-2308	Lourdes "Alfie" Alvarado-Ramos, Director	Chahausida
(WaDVA)		800-502-2308	alfie@dva.wa.gov	Statewide
Wa State Dept of Veterans Affairs			Heidi Audette, Communication & Legislative	
i '		800-562-2308	Director	Statewide
(WaDVA)			heidia@dva.wa.gov	